

YEAR 7 CURRICULUM MAP PSHCE

- **RSE**
- **Safety**
- **Health and Wellbeing**
- **Drugs and Alcohol**
- **British Values and Citizenship**
- **Careers**



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								EOY Assessment Point
								Pupils are assessed (assessment booklet) on the following unit: Citizenship Google Form self-assessment and pupil voice.
HT1:	HT2:	Assessment Point: Summative or AFL	HT3:	HT4:	Assessment Point: Summative or AFL	HT5:	HT6:	
Unit 1 Transition to Secondary School British and St James Values What does it mean to be British? Democracy, rule of law, tolerance, liberty, respect Equality The Equality Act and protected characteristics Unit 2 Healthy Choices Food and diet Consequences of an unhealthy lifestyle Exercise and Sleep Importance of exercise, BMI and impact of too little sleep Unit 3 Enterprise Skills Jobs v careers Choosing a career based on values and beliefs	Choosing a career Salary, incomes and hourly rates Work and Wages Minimum wage, health and safety, discrimination Unit 4 Substance Abuse Smoking, vaping, drugs and energy drinks Addiction and reasons people drink / smoke Legal and illegal drugs Dangers of energy drinks Unit 5 Diversity and Prejudice Refugee Diaries Homophobia Islamophobia What is prejudice? Why are people prejudiced against certain groups or individuals?	Pupils are assessed (assessment booklet) on the following unit: Smoking and Drugs Google Form self-assessment and pupil voice.	Islamophobia Why are people prejudiced against certain groups or individuals? Unit 6 Managing Conflict Friendships Positive and negative friendship groups. Qualities of a good friend Bullying and Peer pressure Responding to bullying and the bystander effect Making friends and the pressure of behaving in certain ways Unit 7 Managing Risks Knife crime Why people carry knives and potential consequences Extremism and radicalisation What is terrorism compared to extremism Stages of radicalisation	Unit 8 Life to the Full Changing bodies Physical and emotional changes Healthy inside and out Body image and self esteem Where we come from Reproduction and fertility Family and friends Understanding relationships and dealing with conflict My life on screen Effects of digital technology on ourselves and others SMART TARGET REVIEW Catholic Social Teaching Dignity Solidarity Creation and Environment	Pupils are assessed (assessment booklet) on the following unit: Equality Google Form self-assessment and pupil voice.	Living responsibly Social responsibility and respect for self and others Unit 9 Self Esteem Self esteem Personality, appearance and abilities and dealing with people who damage your self esteem Resilience How to be resilient in a range of real life situation including challenging inaction, being in the wrong place at the wrong time and issues with using public transport Growth mindset What is it and how can you develop a growth mindset. The difference between a fixed and growth mindset Unit 10 Family Life Types of families Defining what it means to be a family and challenging the traditional stereotypes Young carers What it means to be a young carer and the impact this can have	Unit 11 Ethical Decisions and Finance Sustainability What is sustainability and why is it important? Impact of plastic pollution Climate change The facts about climate change and what damage is caused to our planet and the environments we live in Financial decisions Saving, spending, investing and donating Unit 12 Citizenship Monarchy and government The role of the monarch and how Britain became a constitutional monarchy Voting Systems Different ways of voting: First past the post and proportional representation SMART TARGET REVIEW Catholic Social Teaching Dignity Solidarity The common good	



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<u>Catholic Social Teaching</u> Dignity Solidarity The common good The option for the poor Peace Creation and Environment The dignity of work and participation	<u>SMART TARGET REVIEW</u> <u>Catholic Social Teaching</u> Dignity Solidarity The common good The option for the poor Peace Creation and Environment The dignity of work and participation		<u>Risks of the internet</u> Cyberbullying and trolling Ways to protect yourself online <u>Catholic Social Teaching</u> Dignity Solidarity The common good The option for the poor Peace Creation and Environment			both in and out of school <u>Catholic Social Teaching</u> Dignity Solidarity The common good The option for the poor Peace Creation and Environment The dignity of work and participation	The option for the poor Peace Creation and Environment The dignity of work and participation	
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