

CURRICULUM MAP:
BOYS PE
YEAR 8



ST JAMES'
CATHOLIC HIGH SCHOOL

| | | | | | | | | EOY Assessment Point |
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| | | | | | | | HT6: Cricket | HT1 – HT6 |
| | | | | | | | HT5: Athletics Track and Field | HT1 – HT6 |
| | | | | Table Tennis and Basketball | Assessment Point: Summative or AFL | Overarching unit intent: | Overarching unit intent: | Key Disciplinary Knowledge |
| | Football | Assessment Point: Summative or AFL | Hockey | Overarching unit intent: | HT3 and HT4 (with elements of HT1 and HT2) | Overarching unit intent: | Cricket: | Basic motor skills, hand-eye, foot-eye coordination, cardiovascular fitness. Speed, power. |
| Fitness and Badminton | Overarching unit intent: | HT1 & HT2 | Hockey: | Embed the physical development skills learned in Y7 so that pupils become more competent and confident in their techniques. | Key disciplinary knowledge | Acquisition of new skills and techniques. Measure and improve speed and cardiovascular fitness. Analyse performance compared to previous one and demonstrate improvement to achieve their personal best. | Cricket: | Recapping core skills learnt in previous units. |
| <p><u>Overarching unit intent:</u></p> <p>Fitness: Introduce training methods including circuit training and interval training</p> <p>Acquisition of new skills and techniques. Analyse performance compared to others and demonstrate improvement.</p> <p>Embed the physical development skills learned in Y7 so that pupils become more competent and confident in their techniques.</p> <p>Badminton: Grip of the racquet, Backhand low serve, basic overhead shot to maintain a rally, high serve, drop shot, conditioned games, half court games and full court.</p> | <p>Embed the physical development skills learned in Y7 so that pupils become more competent and confident in their techniques.</p> <p>Football: Basic passing techniques, ball control, possession-based drills, conditioned games and small side games focusing on passing, movement and control. Engage in competitive games and sport.</p> | <p>Individuals are assessed based on their ability and group accordingly in Football and Badminton</p> <p><u>Key disciplinary knowledge</u></p> <p>Basic motor skills, hand-eye, foot-eye coordination, cardiovascular fitness.</p> <p><u>Key Concepts</u></p> <p>Embed physical development and skills learnt, Understand what makes a performance effective, Self / peer assessment, Develop confidence and interest in sports</p> | <p>Grip of stick, stance, push pass, slap pass, hit. Movement, dribbling techniques, conditioned games, and small sided games, full sided games. Engage in competitive games and sport.</p> | <p>Table Tennis: Grip of bat, Backhand push shot, basic serve technique and rules, conditioned games, full games. Engage in competitive games and sport.</p> <p>Basketball: Basic passing techniques, 3 man weave, dribbling skills and ball handling skills, lay-up, shooting games, conditioned games, small sided games. Engage in competitive games and sport.</p> | <p>Basic motor skills, hand-eye, foot-eye coordination, cardiovascular fitness.</p> <p>Recapping core skills learnt in previous units.</p> <p><u>Key Concepts</u></p> <p>Embed physical development and skills learnt, Understand what makes a performance effective, Self / peer assessment, Develop confidence and interest in sports and activities for out of school.</p> <p>Engage in competitive games and sport.</p> | <p>Embed the physical development skills learned in Y7 so that pupils become more competent and confident in their techniques.</p> <p>Athletics Track: 60m, 100m, 150m, 200m, 300m, 600m, 800m and relay.</p> | <p>Re-visit core skills and techniques to enhance ability to perform in competitive conditioned game situations.</p> | <p><u>Key Concepts</u></p> <p>Embed physical development and skills learnt, Understand what makes a performance effective, Self / peer assessment in order for them to achieve a personal best. Develop confidence and interest in sports and activities for out of school. Engage in competitive games and sport.</p> <p><u>Cross curricular links</u></p> <p>Maths, Science, CPSHCE</p> |



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| | | <p>and activities for out of school.</p> <p>Engage in competitive games and sport, representing their form</p> <p>Engagement and Behaviour:</p> <p>Clear routines provide calm learning environment</p> <p>Lessons are paced appropriately</p> <p>Teachers engage the children through the passion and love for their subject</p> <p>Adaptive Teaching:</p> <p>All activities are accessible</p> <p>Careers in sport discussed, please see attached</p> | | | <p>Engagement and Behaviour:</p> <p>Lessons are paced appropriately</p> <p>Teachers engage the children through the passion and love for their subject</p> <p>Adaptive Teaching:</p> <p>All activities are accessible</p> <p>Deepening Knowledge and Understanding:</p> <p>Teachers model deep understanding of their subject</p> <p>Prior learning is built upon as well</p> <p>Questioning is used effectively</p> <p>Assessment and Feedback:</p> <p>Questioning is used to check understanding</p> <p>Different feedback methods are used to secure progress</p> | | | <p>Developing Global Catholic Citizens:</p> <p>Pupils are kind, considerate and fair to peers</p> <p>The classroom is inclusive to all needs</p> <p>Careers in sport discussed, please see attached</p> |
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Catholic Life of the School:

The Physical Education department ensure our children strive to perform as global Catholic Citizens and demonstrate their faith through the manner in which they treat one another demonstrating skills and qualities such as respect, compassion, team work and leadership.

In Physical Education our pupils are taught the lesson of 'solidarity', this is demonstrated through working together as a team.

Pupils are also taught the lesson of 'rights and responsibilities', this is demonstrated when pupils are given certain roles with a team and to know their rights and responsibilities.

Pupils are also tasked with 'participation', we expect all children to participate during lessons to the best of their ability to reach their full potential.





| Extended Reading | |
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| Half Term 1 Fitness and Rugby | Exercise is good for joints with wear-and-tear arthritis |
| Half Term 2 Football and Dance | Association football facts for kids https://kids.kiddle.co/Association_football Association football - fact file https://www.bbc.co.uk/bitesize/guides/zqvf39g/revision/2 Think you know your football rules? http://news.bbc.co.uk/sportacademy/hi/sa/football/rules/newsid_3626000/3626119.stm Shooting - Blast it or place it? Wait for the keeper to move? Or pick a spot and stick to it? http://news.bbc.co.uk/sport1/hi/football/skills/4188836.stm |
| Half Term 3 Badminton and Table Tennis | Badminton facts for kids https://kids.kiddle.co/Badminton Badminton - fact file https://www.bbc.co.uk/bitesize/guides/zp9ck7h/revision/1 Badminton - essential skills and techniques https://www.bbc.co.uk/bitesize/guides/z96mtyc/revision/1 |
| Half Term 4 Badminton/ Table Tennis and Basketball | Table tennis – fact file https://www.bbc.co.uk/bitesize/guides/z9m7xsg/revision/1 Table tennis - essential skills and techniques https://www.bbc.co.uk/bitesize/guides/zsk482p/revision/1 |
| Half Term 5 Athletics Track and Cricket | Cricket - fact file https://www.bbc.co.uk/bitesize/guides/zx3ybk7/revision/1 Cricket - essential skills and techniques https://www.bbc.co.uk/bitesize/guides/zxtxhv4/revision/1 |
| Half Term 6 Athletics Field and Cricket | Athletics - fact file https://www.bbc.co.uk/bitesize/guides/zxvf39g/revision/1 Athletics - essential skills and techniques https://www.bbc.co.uk/bitesize/guides/z3rbcwx/revision/1 |