

CURRICULUM MAP:
BOYS PE
YEAR 8



ST JAMES'
CATHOLIC HIGH SCHOOL

							EOY Assessment Point
							HT6: Cricket
		Assessment Point: Summative or AFL	HT3: Badminton / Table tennis	HT4: Badminton / Table tennis / Basketball	Assessment Point: Summative or AFL	HT5: Athletics Track and Field	HT1 – HT6
HT2: Rugby		Assessment Point: Summative or AFL	<u>Overarching unit intent:</u>	Overarching unit intent:	HT3 and HT4 (with elements of HT1 and HT2)	Overarching unit intent:	<u>Key Disciplinary Knowledge</u>
HT1: Baseline and Football	<u>Overarching unit intent:</u>	HT1 & HT2	Acquisition of new skills and techniques. Analyse performance compared to others and demonstrate improvement.	Acquisition of new skills and techniques. Embed the physical development skills learned in Y7 so that pupils become more competent and confident in their techniques.	Key disciplinary knowledge	Overarching unit intent:	Basic motor skills, hand-eye, foot-eye coordination, cardiovascular fitness. Speed, power.
<u>Overarching unit intent:</u>	Acquisition of new skills and techniques.	Individuals are assessed based on their ability and group accordingly in football and Rugby	Embed the physical development skills learned in Y7 so that pupils become more competent and confident in their techniques.	Embed the physical development skills learned in Y7 so that pupils become more competent and confident in their techniques.	Basic motor skills, hand-eye, foot-eye coordination, cardiovascular fitness.	Acquisition of new skills and techniques. Measure and improve speed and cardiovascular fitness. Analyse performance compared to previous one and demonstrate improvement to achieve their personal best.	Recapping core skills learnt in previous units.
Acquisition of new skills and techniques.	Embed the physical development skills learned in Y7 so that pupils become more competent and confident in their techniques.	<u>Key disciplinary knowledge</u>	Badminton: Embed the physical development skills learned in Y7 so that pupils become more competent and confident in their techniques.	Badminton: Embed the physical development skills learned in Y7 so that pupils become more competent and confident in their techniques.	Recapping core skills learnt in previous units.	Embed the physical development skills learned in Y7 so that pupils become more competent and confident in their techniques.	Re-visiting core skills and techniques to enhance ability to perform in competitive conditioned game situations.
Football:	Rugby:	Basic motor skills, hand-eye, foot-eye coordination, cardiovascular fitness.	Badminton: Embed the physical development skills learned in Y7 so that pupils become more competent and confident in their techniques.	Badminton: Embed the physical development skills learned in Y7 so that pupils become more competent and confident in their techniques.	Key Concepts	Athletics Track:	<u>Key Concepts</u>
Basic passing techniques, ball control, possession-based drills, conditioned games and small side games focusing on passing, movement and control. Engage in competitive games and sport.	Basic passing technique, safe tackling technique, passing on the move, receiving a pass, conditioned game, small sided games (touch/ full contact).	Embed physical development and skills learnt, Understand what makes a performance effective, Self / peer assessment, Develop confidence and interest in sports	Badminton: Embed the physical development skills learned in Y7 so that pupils become more competent and confident in their techniques.	Badminton: Embed the physical development skills learned in Y7 so that pupils become more competent and confident in their techniques.	Embed physical development and skills learnt, Understand what makes a performance effective, Self / peer assessment, Develop confidence and interest in sports and activities for out of school.	60m, 100m, 150m, 200m, 300m, 600m, 800m and relay.	Embed physical development and skills learnt, Understand what makes a performance effective, Self / peer assessment in order for them to achieve a personal best. Develop confidence and interest in sports and activities for out of school. Engage in competitive games and sport.
Fitness:	Introduce training methods applicable to the sport of football	<u>Key Concepts</u>	Table Tennis: Embed the physical development skills learned in Y7 so that pupils become more competent and confident in their techniques.	Table Tennis: Embed the physical development skills learned in Y7 so that pupils become more competent and confident in their techniques.	Engage in competitive games and sport.	Engage in competitive games and sport.	<u>Cross curricular links</u>
Introduce training methods applicable to the sport of football		Embed physical development and skills learnt, Understand what makes a performance effective, Self / peer assessment, Develop confidence and interest in sports	Table Tennis: Embed the physical development skills learned in Y7 so that pupils become more competent and confident in their techniques.	Table Tennis: Embed the physical development skills learned in Y7 so that pupils become more competent and confident in their techniques.	Engage in competitive games and sport.	Engage in competitive games and sport.	Maths, Science, CPSHCE



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		<p>and activities for out of school.</p> <p>Engage in competitive games and sport, representing their form</p> <p>Engagement and Behaviour:</p> <p>Clear routines provide calm learning environment</p> <p>Lessons are paced appropriately</p> <p>Teachers engage the children through the passion and love for their subject</p> <p>Adaptive Teaching:</p> <p>All activities are accessible</p> <p>Careers in sport discussed, please see attached</p>	<p>conditioned games, full games. Engage in competitive games and sport.</p>	<p>Basic passing techniques, 3 man weave, dribbling skills and ball handling skills, lay-up, shooting games, conditioned games, small sided games. Engage in competitive games and sport.</p>	<p>Engagement and Behaviour:</p> <p>Lessons are paced appropriately</p> <p>Teachers engage the children through the passion and love for their subject</p> <p>Adaptive Teaching:</p> <p>All activities are accessible</p> <p>Deepening Knowledge and Understanding:</p> <p>Teachers model deep understanding of their subject</p> <p>Prior learning is built upon as well</p> <p>Questioning is used effectively</p> <p>Assessment and Feedback:</p> <p>Questioning is used to check understanding</p> <p>Different feedback methods are used to secure progress</p>			<p>Developing Global Catholic Citizens:</p> <p>Pupils are kind, considerate and fair to peers</p> <p>The classroom is inclusive to all needs</p> <p>Careers in sport discussed, please see attached</p>
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Catholic Life of the School:

The Physical Education department ensure our children strive to perform as global Catholic Citizens and demonstrate their faith through the manner in which they treat one another demonstrating skills and qualities such as respect, compassion, team work and leadership.

In Physical Education our pupils are taught the lesson of 'solidarity', this is demonstrated through working together as a team.

Pupils are also taught the lesson of 'rights and responsibilities', this is demonstrated when pupils are given certain roles with a team and to know their rights and responsibilities.

Pupils are also tasked with 'participation', we expect all children to participate during lessons to the best of their ability to reach their full potential.





Extended Reading	
Half Term 1 Fitness and Rugby	Exercise is good for joints with wear-and-tear arthritis
Half Term 2 Football and Dance	Association football facts for kids https://kids.kiddle.co/Association_football Association football - fact file https://www.bbc.co.uk/bitesize/guides/zqvf39q/revision/2 Think you know your football rules? http://news.bbc.co.uk/sportacademy/hi/sa/football/rules/newsid_3626000/3626119.stm Shooting - Blast it or place it? Wait for the keeper to move? Or pick a spot and stick to it? http://news.bbc.co.uk/sport1/hi/football/skills/4188836.stm
Half Term 3 Badminton and Table Tennis	Badminton facts for kids https://kids.kiddle.co/Badminton Badminton - fact file https://www.bbc.co.uk/bitesize/guides/zp9ck7h/revision/1 Badminton - essential skills and techniques https://www.bbc.co.uk/bitesize/guides/z96mtyc/revision/1
Half Term 4 Badminton/ Table Tennis and Basketball	Table tennis – fact file https://www.bbc.co.uk/bitesize/guides/z9m7xsg/revision/1 Table tennis - essential skills and techniques https://www.bbc.co.uk/bitesize/guides/zsk482p/revision/1
Half Term 5 Athletics Track and Cricket	Cricket - fact file https://www.bbc.co.uk/bitesize/guides/zx3ybk7/revision/1 Cricket - essential skills and techniques https://www.bbc.co.uk/bitesize/guides/zxtxhv4/revision/1
Half Term 6 Athletics Field and Cricket	Athletics - fact file https://www.bbc.co.uk/bitesize/guides/zxvf39q/revision/1 Athletics - essential skills and techniques https://www.bbc.co.uk/bitesize/guides/z3rbcwx/revision/1