CURRICULUM MAP: BOYS PE YEAR 7



								EOY Assessment
								Point
							HT6: Cricket	HT1 – HT6
						HT5: Athletics	Overarching unit	
						Track and Field	intent:	Key Disciplinary
				HT4: Badminton /	Assessment Point:	Overarching unit	Cricket:	<u>Knowledge</u>
				Table tennis /	Summative or AFL	intent:	Grip of bat, basic	Basic motor skills, hand-
			HT3: Badminton /	Basketball Overarching unit	HT3 and HT4	Acquisition of new	stance, overarm	eye, foot-eye
			Table tennis	intent:	(with elements of	skills and techniques.	bowling technique,	coordination,
					HT1 and HT2)	Measure and improve	batting strokes,	cardiovascular fitness.
	HT2: Rugby	Assessment Point:	Overarching unit	Acquisition of new		speed and	fielding catching and	Speed, power.
		Summative or AFL	<u>intent:</u>	skills and techniques.	Key disciplinary	cardiovascular	throwing.	December consolville
		1171 6 1172	Acquisition of no.	Embed the physical	<u>knowledge</u>	fitness. Analyse performance		Recapping core skills learnt in previous units.
HT1: Baselining and Football	Overarching unit	HT1 & HT2	Acquisition of new skills and techniques.	development skills	Basic motor skills,	compared to previous	Cricket:	icarne in previous anits.
Overarching unit intent:	<u>intent:</u>	Individuals are	Analyse performance	learned in KS1 & KS2	hand-eye, foot-eye	one and demonstrate	Re-visit core skills	
Deceling assessment of fitures	Acquisition of new	assessed based on	compared to others	so that pupils	coordination,	improvement to	and techniques to	Key Concepts
Baseline assessment of fitness including speed, cardiovascular	skills and techniques.	their ability and	and demonstrate	become more	cardiovascular fitness.	achieve their personal	enhance ability to perform in	
fitness and throwing ability		group accordingly in	improvement.	competent and confident in their	December consolville	best.	competitive	Embed physical
,	Embed the physical	football and Rugby	Embed the physical	techniques.	Recapping core skills learnt in previous	Embed the physical	conditioned game	development and skills
Acquisition of new skills and	development skills learned in KS1 & KS2	Key disciplinary knowledge	development skills	teemiquesi	units.	development skills	situations.	learnt, Understand what makes
techniques.	so that pupils become	Knowicuge	learned in KS1 & KS2	Badminton:		learned in KS1 & KS2		a performance effective,
Embed the physical development	more competent and	Basic motor skills,	so that pupils become	Grip of the racquet,		so that pupils become		Self / peer assessment in
skills learned in KS1 & KS2 so that	confident in their	hand-eye, foot-eye	more competent and	Backhand low serve,	W C	more competent and		order for them to
pupils become more competent and	techniques.	coordination,	confident in their techniques.	basic overhead shot to maintain a rally,	Key Concepts	confident in their techniques.		achieve a personal best.
confident in their techniques.	Rugby:	cardiovascular fitness.	techniques.	high serve, drop shot,	Embed physical	teeninques.		Develop confidence and
	Basic passing		Badminton:	conditioned games,	development and	Athletics Track:		interest in sports and activities for out of
Football: Basic passing techniques, ball	technique, safe	Key Concepts	Grip of the racquet,	half court games.	skills learnt,	60m, 100m, 150m,		school. Engage in
control, possession-based drills,	tackling technique,		Backhand low serve,		Understand what	200m, 300m, 600m,		competitive games and
conditioned games and small side	passing on the move,	Embed physical	basic overhead shot	Table Tennis: Grip of bat,	makes a performance effective,	800m and relay.		sport.
games focusing on passing,	receiving a pass,	development and	to maintain a rally, high serve, drop shot,	Backhand push shot,	Self / peer			
movement and control. Engage in	conditioned game, small sided games	skills learnt, Understand what	conditioned games,	basic serve technique	assessment,			
competitive games and sport.	(touch/ full contact).	makes a performance	half court games.	and rules,	Develop confidence			Cross curricular links
Fitness:	,	effective,		conditioned games,	and interest in sports			Nasalis C
Test and record performance in 60m		Self / peer	Table Tennis:	full games. Engage in	and activities for out			Maths, Science,
sprint, 300m, 6 minute run and		assessment,	Grip of bat, Backhand push shot,	competitive games and sport.	of school. Engage in competitive			CPSHCE
throwing ability		Develop confidence and interest in sports	basic serve technique	and sport.	games and sport.			
		and interest in sports	and rules,	Basketball:				



and activities for out	conditioned games,	Basic passing	Engagement and		
of school.	full games. Engage in	techniques, 3 man	Behaviour:		
Engage in competitive	competitive games	weave, dribbling			
games and sport,	and sport.	skills and ball	Lessons are paced		<b>Developing Global</b>
representing their		handling skills, lay-	appropriately		Catholic Citizens:
form		up, shooting games,			
		conditioned games,	Teachers engage the		Pupils are kind,
Engagement and		small sided games.	children through the		considerate and fair to
Behaviour:		Engage in	passion and love for		peers
		competitive games	their subject		peers
Clear routines provide		and sport.			The classroom is
calm learning			Adaptive Teaching:		inclusive to all needs
environment					inclusive to all fleeds
			All activities are		
Lessons are paced			accessible		
appropriately					
			Deepening		Careers in sport
Teachers engage the			Knowledge and		discussed, please see
children through the			Understanding:		attached
passion and love for			, and the second		
their subject			Teachers model deep		
			understanding of their		
Adaptive Teaching:			subject		
- Tankers Canada					
All activities are			Prior learning is built		
accessible			upon as well		
000000.0.0			apon as nen		
Careers in sport			Questioning is used		
discussed, please see			effectively		
attached			Circuitery		
attachea			Assessment and		
			Feedback:		
			recuback.		
			Questioning is used to		
			check understanding		
			check understanding		
			Different feedback		
			methods are used to		
			secure progress		



## **Catholic Life of the School:**

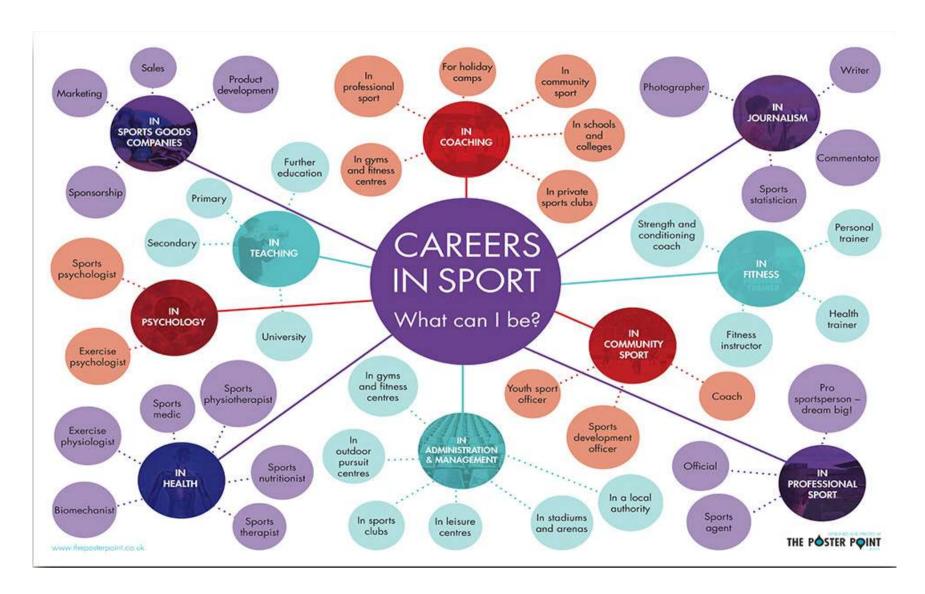
The Physical Education department ensure our children strive to perform as global Catholic Citizens and demonstrate their faith through the manner in which they treat one another demonstrating skills and qualities such as respect, compassion, team work and leadership.

In Physical Education our pupils are taught the lesson of 'solidarity', this is demonstrated through working together as a team.

Pupils are also taught the lesson of 'rights and responsibilities', this is demonstrated when pupils are given certain roles with a team and to know their rights and responsibilities.

Pupils are also tasked with 'participation', we expect all children to participate during lessons to the best of their ability to reach their full potential.







	Extended Reading					
Half Term 1 Fitness and Rugby	Exercise is good for joints with wear-and-tear arthritis					
Half Term 2 Football and Dance	Association football facts for kids <a href="https://kids.kiddle.co/Association_football">https://kids.kiddle.co/Association_football</a> Association football - fact file <a href="https://www.bbc.co.uk/bitesize/guides/zqvf39q/revision/2">https://www.bbc.co.uk/bitesize/guides/zqvf39q/revision/2</a> Think you know your football rules? <a href="http://news.bbc.co.uk/sportacademy/hi/sa/football/rules/newsid_3626000/3626119.stm">http://news.bbc.co.uk/sport1/hi/football/skills/4188836.stm</a> Shooting - Blast it or place it? Wait for the keeper to move? Or pick a spot and stick to it? <a href="http://news.bbc.co.uk/sport1/hi/football/skills/4188836.stm">http://news.bbc.co.uk/sport1/hi/football/skills/4188836.stm</a>					
Half Term 3 Badminton and Table Tennis	Badminton facts for kids <a href="https://kids.kiddle.co/Badminton">https://kids.kiddle.co/Badminton</a> Badminton - fact file <a href="https://www.bbc.co.uk/bitesize/guides/zp9ck7h/revision/1">https://www.bbc.co.uk/bitesize/guides/zp9ck7h/revision/1</a> Badminton - essential skills and techniques <a href="https://www.bbc.co.uk/bitesize/guides/z96mtyc/revision/1">https://www.bbc.co.uk/bitesize/guides/z96mtyc/revision/1</a>					
Half Term 4 Badminton/ Table Tennis and Basketball	Table tennis – fact file <a href="https://www.bbc.co.uk/bitesize/guides/z9m7xsg/revision/1">https://www.bbc.co.uk/bitesize/guides/z9m7xsg/revision/1</a> Table tennis – essential skills and techniques <a href="https://www.bbc.co.uk/bitesize/guides/zsk482p/revision/1">https://www.bbc.co.uk/bitesize/guides/zsk482p/revision/1</a>					
Half Term 5 Athletics Track and Cricket	Cricket - fact file <a href="https://www.bbc.co.uk/bitesize/guides/zx3ybk7/revision/1">https://www.bbc.co.uk/bitesize/guides/zx3ybk7/revision/1</a> Cricket - essential skills and techniques <a href="https://www.bbc.co.uk/bitesize/guides/zxtxhv4/revision/1">https://www.bbc.co.uk/bitesize/guides/zxtxhv4/revision/1</a>					
Half Term 6 Athletics Field and Cricket	Athletics - fact file <a href="https://www.bbc.co.uk/bitesize/guides/zxvf39q/revision/1">https://www.bbc.co.uk/bitesize/guides/zxvf39q/revision/1</a> Athletics - essential skills and techniques <a href="https://www.bbc.co.uk/bitesize/guides/z3rbcwx/revision/1">https://www.bbc.co.uk/bitesize/guides/z3rbcwx/revision/1</a>					