CURRICULUM MAP: BOYS PE YEAR 11



								EOY Assessment Point
							HT6: Athletics Track / Softball	HT1 – HT6
						HT5: Athletics Track / Softball	Overarching unit intent:	Individuals are a taught in mixed ability groups for
				HT4: Football/ Handball	Assessment Point: Summative or AFL/ Teaching Learning	Overarching unit intent:	Tackle complex and demanding physical activities that develop	athletics and softball. <u>Key Disciplinary</u> Knowledge
			HT3: Table Tennis / Basketball	Overarching unit intent:	Pillars HT3 and HT4 (with elements of HT1	Tackle complex and demanding physical activities that develop	personal fitness and promote an active	Understand what makes a
	HT2: Football	Assessment Point:	Overarching unit	Tackle complex and	and HT2)	personal fitness and promote an active	health lifestyle. Engage in competitive games and sport.	performance effect and how to apply these
		Summative or AFL/ Teaching Learning Pillars	<u>intent:</u> Tackle complex and	demanding physical activities that develop personal fitness and	Individuals are allowed to develop their performance in the	health lifestyle. Engage in competitive games and sport.	Athletics track	principles to their own and others work.
HT1: Heath related fitness / table tennis	Overarching unit intent:	HT1 & HT2	demanding physical activities that develop	promote an active health lifestyle. Engage	activity of their choice from basketball / table tennis and football	Athletics track	Re-visit skills learnt in HT5 to achieve their	<u>Key Concepts</u>
badminton  Overarching unit  intent:	Tackle complex and demanding physical	Individuals are allowed to develop their performance in the	personal fitness and promote an active health lifestyle. Engage	in competitive games and sport.	with the aim of developing their		personal best.	Embed physical development and skills learnt,
Tackle complex and demanding physical	activities that develop personal fitness and promote an active	activity of their choice from badminton / table tennis and football	in competitive games and sport.	Football	technique and improving their performance.	60m, 100m, 150m, 200m, 300m, 400m, 800m.	60m, 100m, 150m, 200m, 300m, 400m,	Develop technique and improve performance. Understand what makes a
activities that develop personal fitness and promote an active	health lifestyle. Engage in competitive games and sport.	with the aim of developing their technique and	Table Tennis	Apply these skills in full competitive games developing a variety of	Key disciplinary knowledge	Softball	800m. Softball	performance effective, Self / peer assessment, Engaging in competitive
health lifestyle. Engage in competitive games	Football	improving their performance.	Apply these skills in full competitive games developing a variety of	tactics and strategies to overcome opponents.	Demonstrate improvement across	Re-visit skills learnt in KS3	Re-visit skills learnt in HT5	sports and activities. Understand and apply the
and sport.  Health related fitness:	Apply these skills in full	Key disciplinary knowledge	tactics and strategies to overcome	Handball	the activities of their choice and evaluate their performance	Apply these skills in full competitive games developing a variety of	Apply these skills in full competitive games	short/ long term health benefits of physical activity to lead a health active
Build upon techniques applied in Year 9. Circuit training,	competitive games developing a variety of tactics and strategies	Demonstrate improvement across	opponents. Basketball	Re-visit skills learnt in HT2	compared to previous ones.	tactics and strategies to overcome	developing a variety of tactics and strategies to overcome	lifestyle. Engage in competitive games and sport.
interval training, cardio vascular fitness testing, to develop health	to overcome opponents.	the activities of their choice and evaluate their performance	Re-visit skills learnt in KS3.	Apply these skills in full competitive games	Key Concepts	opponents.	opponents.	Cross curricular links
related fitness and health awareness.		compared to previous ones.	Apply these skills in full competitive games	developing a variety of tactics and strategies to overcome	Embed physical development and skills learnt,			Maths, Science, CPSHCE, Food and
Table Tennis			developing a variety of tactics and strategies	opponents.	Develop technique and improve performance.			Nutrition.



		to 01/0400m0	Understand what	
Re-visit skills learnt in	Vou Concents	to overcome	makes a performance	
Ke-visit skills learnt in	Key Concepts	opponents.	effective,	
Apply these skills in full	Embed physical		Self / peer assessment,	Developing Global
competitive games	development and skills		Engaging in competitive	Catholic Citizens:
developing a variety of	learnt,		sports and activities.	
tactics and strategies	Develop technique and		Pupils expected to	Pupils are kind,
to overcome	improve performance.		know, apply and	considerate and fair to
opponents.	Understand what		understand the skills	peers
орроненсы	makes a performance		and process for each	The electronic in inclusive
Badminton	effective,		sporting activity.	The classroom is inclusive to all needs
	Self / peer assessment,		Understand and apply	to all needs
Re-visit skills learnt in	Engaging in competitive		the short/ long term	
KS3.	sports and activities.		health benefits of	
	Pupils expected to		physical activity to lead	
Apply these skills in full	know, apply and		a health active lifestyle.	Careers in sport discussed,
competitive games	understand the skills		Compete in activities	please see attached
developing a variety of	and process for each		that build character and	
tactics and strategies	sporting activity.		help to embed valves	
to overcome	Understand and apply		such as fairness and	
opponents, including	the short/ long term		respect. Engage in	
doubles matches.	health benefits of		competitive games and	
	physical activity to lead		sport.	
	a health active lifestyle.			
	Compete in activities		Engagement and	
	that build character and		Behaviour:	
	help to embed valves			
	such as fairness and		Lessons are paced	
	respect. Engage in		appropriately	
	competitive games and			
	sport.		Teachers engage the	
			children through the	
	Engagement and		passion and love for	
	Behaviour:		their subject	
	Clear routines provide		Adaptive Teaching:	
	calm learning			
	environment		All activities are	
			accessible	
	Lessons are paced			
	appropriately		Deepening Knowledge	
			and Understanding:	



Teachers engag children througi passion and low their subjec	the for	Teachers model deep understanding of their subject	
Adaptive Teach		Prior learning is built upon as well	
All activities a accessible		Questioning is used effectively	
Careers in spo discussed, please attached		Assessment and Feedback:	
		Questioning is used to check understanding	
		Different feedback methods are used to secure progress	

## **Catholic Life of the School:**

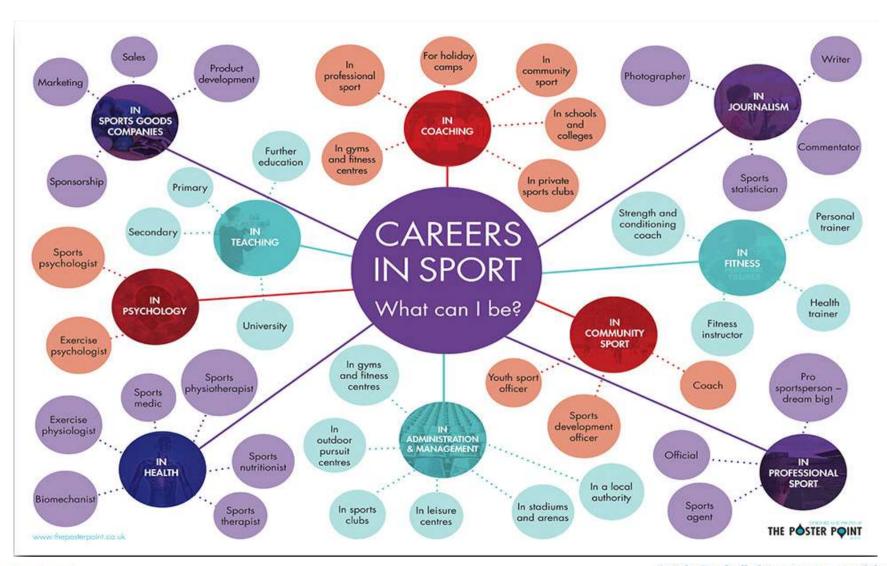
The Physical Education department ensure our children strive to perform as global Catholic Citizens and demonstrate their faith through the manner in which they treat one another demonstrating skills and qualities such as respect, compassion, team work and leadership.

In Physical Education our pupils are taught the lesson of 'solidarity', this is demonstrated through working together as a team.

Pupils are also taught the lesson of 'rights and responsibilities', this is demonstrated when pupils are given certain roles with a team and to know their rights and responsibilities.

Pupils are also tasked with 'participation', we expect all children to participate during lessons to the best of their ability to reach their full potential.







Developing Reading and Li	teracy- Extended Reading
Half Term 1	Bullying/mental health- Corrie actor Colson Smith: 'I've been trolled over my weight for 10 years'
Fitness and Table	https://www.bbc.co.uk/news/newsbeat-57234368
Tennis/ Badminton	Tips for first-time runner
	https://www.bbc.co.uk/news/newsbeat-55996596
	Guinness World Records Day: Try our record-breaking fitness quiz
	https://www.bbc.co.uk/sport/54250925
Half Term 2	Handball - fact file
Football and Handball	https://www.bbc.co.uk/bitesize/guides/zxspfrd/revision/1
i consumaria manasan	Handball - essential skills and techniques
	https://www.bbc.co.uk/bitesize/guides/z32qmnb/revision/1
Half Term 3	Basketball – fact file
Table Tennis and	https://www.bbc.co.uk/bitesize/guides/z8w8j6f/revision/1
Basketball	Basketball - essential skills and techniques
	https://www.bbc.co.uk/bitesize/guides/zy4r9qt/revision/1
Half Term 4	Alex Scott: How to make it as a pundit <a href="https://www.bbc.co.uk/bitesize/articles/zjrgpg8">https://www.bbc.co.uk/bitesize/articles/zjrgpg8</a>
Football and Handball	
Half Term 5	Kamila Valieva: What is trimetazidine - the drug at the centre of the Beijing Olympics doping scandal?
Athletics Track and	https://news.sky.com/story/kamila-valieva-who-is-the-15-year-old-russian-figure-skater-at-the-centre-of-the-beijing-olympics-doping-scandal-12538895
Softball	Tittps://fiews.sky.com/story/karmia-valieva-who-is-the-10-year-old-tdssian-ngdre-skater-at-the-centre-or-the-belling-olympics-doping-scandar-12000000
Half Term 6	Working in sports: Q&A panel with Max Whittle <a href="https://www.bbc.co.uk/bitesize/articles/zmywjsg">https://www.bbc.co.uk/bitesize/articles/zmywjsg</a>
Athletics Track and	
Softball	