



26th February 2024

Dear Parent/Carer

Re: Celebration of the Word

As we enter the second week of Lent we continue to focus on the three pillars of prayer, fasting and giving and thank you to all those who donated for CAFOD Family Fast Day, it is not too late to add your donation.

This week's Celebration of the Word focuses on the Transfiguration of the Lord when he went with Peter, James and John up the mountain to pray and his clothes became a dazzling white. The children will hear this Gospel and will consider that the teachings of Jesus were hard for many to accept. His command to love your enemies, to take up your cross and follow Him, to lay down your life for another, and His call to perfection were demanding. So Jesus chose Peter, James and John to receive a small vision of Who He truly is. He showed them a glimpse of His greatness and glory. That image most certainly stayed with them and helped them every time they were tempted to get discouraged or despair over the holy demands our Lord placed upon them. Though we are not privileged to witness the image of His glory as these three Apostles were, their experience of this glory is shared with us so that we will also receive the benefit of their experience. At times in life, Jesus will give us His consolation and instil within us a clear sense of who He is. This may not be a daily experience, but we can use it when things get tough. We all know how important resilience is and this is something that we must all work at developing be we children or adults, you may wish to discuss this with your child this week.

Our end of the day prayer for February and our lunchtime prayer are as follows.

End of day prayer for February:

Holy Family of Nazareth, make our family one with you. Help us to be instruments of peace.
Grant that love, strengthened by grace, may prove mightier than all the weaknesses and trials through which our families sometimes pass.
May we always have God at the centre of our hearts and homes until we are all one family, happy and at peace in our true home with you.
Amen.

Lunchtime prayer:

Bless us, Oh Lord,
and these thy gifts which
we are about to receive from thy bounty,
through Christ, Our Lord.



ST JAMES'

CATHOLIC HIGH SCHOOL

Amen.

I will include our end of the day prayer for March in next week's letter. You may also wish to explore some of the Lenten family prayer resources produced by CAFOD, they can be found [here](#).

We are always happy to receive feedback so please do get in touch if you have any comments or queries, my email address is c.pickles@stjamesheadle.co.uk

Yours faithfully

Mrs C Pickles
Senior Deputy Headteacher



With God
all things are possible

Matthew 19:26