



ST JAMES'

CATHOLIC HIGH SCHOOL

Prayers to End the Day Summer Term 2020

“Do not be anxious about anything,
but in everything by prayer and supplication with thanksgiving
let your requests be made known to God.”

Philippians 4:6

“Give me a person of prayer,
and such a one will be capable of accomplishing anything”

St. Vincent de Paul

Monday 20th April

Gracious God, we praise you for the light of new life made possible through Jesus.
We praise you for the light of new life that shone on the first witnesses of the resurrection.
We praise you for the light of new life that continues to shine in our hearts today.
We pray that the Easter light of life, hope and joy, will live in us each day;
and that we will be bearers of that light into the lives of others.
Amen.

Tuesday 21st April

Christ the stranger, who walked alongside friends in their sorrow,
and shared their bread,
give us grace to walk with others on their journeys,
and so become true companions.
Amen

Wednesday 22nd April

Lord, the resurrection of your Son
has given us new life and renewed hope.
Help us to live as new people in pursuit of the Christian ideal.
Grant us wisdom to know what we must do,
the will to want to do it,
the courage to undertake it,
the perseverance to continue to do it,
and the strength to complete it.
Amen

Thursday 23rd April

Lord, may the hope of your resurrection colour our days.
May the promise of your Spirit working in us light up our lives.
May the love you revealed to us shape our actions.
May the truth in your word guide our journeys.
And may the joy of your kingdom fill our lives.
Amen

Friday 24th April

We pray the prayer that Jesus taught us
Our Father who art in heaven ...



Monday 27th April

Lord our God, some of use feel that we are in the wilderness at the moment,
not really sure what's going on, where we're going
or even who we are.

May we never lose heart in our wilderness moments,
but remember that you are always with us.

Amen

Tuesday 28th April

Loving Father, who formed us in our mother's womb,
and knows us better than we know ourselves,
free us from the anxieties that prevent us from being the person you want us to be,
so that we may live fruitful and fulfilled lives.

Amen

Wednesday 29th April

We pray the prayer that Jesus taught us

Our Father, who art in heaven...

Thursday 30th April

Lord, give us eyes of faith to see your presence in the world.
where fear closes our eyes, help us.
where tears blind us, heal us.
where busyness keeps us from noticing, slow us.
where pride gets in the way, release us.
may we be the light that shines your love upon those we meet.

Amen

May is the Month of Mary. In one of her apparitions to believers over the centuries she said:

*"I feel so happy to be able to help the children who beg me for protection.
But so many do not ever come to me."*

During May we are encouraged to ask Mary for her help...

Friday 1st May

*Today is the feast day for St. Joseph the Worker, and we pray for workers – remembering especially
key workers*

God our Father, creator and ruler of the universe,
in every age you call us to use and develop our gifts for the good of others.

With St. Joseph as our guide, help us to do the work you have asked
and come to the rewards you have promised.

Amen.



Monday 4th May

Yesterday was the Feast day of St. James, our patron saint

James, man of prayer...

pray that we listen and respond to God's call in our lives.

James, holy apostle...

pray that we may be disciples of Jesus in word and in action.

James, friend of Jesus...

pray that we may be loyal in our friendships.

James, compassionate teacher...

pray that we may serve one another in love.

James, faithful to God's call...

pray for us in our efforts to live our faith.

James, comfort of the troubled...

pray for those who are suffering.

Holy Apostle, walk with us on our journey of faith.

May your prayers help us to grow in our faith,

and rejoice in communion with all the saints.

We ask this through Christ our Lord, amen

Draw us forth, God of all creation.

Draw us forward into your love.

Give us the capacity to taste the richness of the feast you give us.

Give us the peace to live with uncertainty, with questions, with doubts.

Help us to experience the resurrection anew, with open wonder,

and an increasing ability to see you in the people of Easter.

Amen

Tuesday 5th May

Lord of life, we pray for all who bring your joy as a light to those in darkness.

For those who bring your peace to those enslaved by fear.

For those who bring your love to those in need of comfort.

Lord of joy, peace and love, help us to make you known through our lives. Amen

Wednesday 6th May

We ask Mary, our Mother, to pray for us as we say

Hail Mary, full of grace, the Lord is with thee...

Thursday 7th May

Father, surrounded as we are by uncertainty,

let the light of your truth guide us

deeper into your Kingdom today.

Help us to trust the Gospel you have given to us.

Let your love form us all into the family you have called us to be.

Amen



Monday 11th May

Lord, we carry things around each day.

We carry strengths to share and worries we sometimes hide.

We carry joy and we carry difficulties.

When things are difficult, may we always try to help others with their burdens.

When we are filled with joy, may we share that with others.

We make this prayer through Christ our Lord, Amen

Tuesday 12th May

We ask Mary, our Mother, to pray for us as we say

Hail Mary, full of grace...

Wednesday 13th May

Lord, we give you our hands – to do your work.

We give you our feet – to go your way.

We give you our eyes – to see as you do.

We give you our tongues – to speak your words.

We give you our minds – that you may guide our thoughts.

Above all, we give you our hearts, that you may love in us.

We give you our whole selves, that you may grow in us.

Amen

Thursday 14th May

Lord, we know we can come to you if we feel burdened.

You promise that we will find rest in you.

Help us to trust you with our tensions and confusions.

May we let go of the things that worry us,
and find rest in your life-giving presence.

Amen

Friday 15th May

Mary, whose world was turned upside down by an angel - **pray for us.**

Mary, who said yes to God - **pray for us.**

Mary who gave birth in poverty - **pray for us.**

Mother of a family who fled violence - **pray for us.**

Mother of a boy who went missing - **pray for us.**

Mother of a young man who left home to follow a dream - **pray for us.**

Hail Mary, full of grace...



Monday 18th May

Heavenly Father,
help us to see ourselves as you see us;
worthy of infinite love and with incredible gifts.
Teach us the things we need to fulfil your purpose in us.
We place ourselves in your hands.
Amen

Tuesday 19th May

Mary, comfort of the afflicted - **pray for us.**
Mary, queen of peace - **pray for us.**
Mary, morning star - **pray for us.**
Mother of a man the community rejected - **pray for us.**
Mother of a teacher who inspired love and suspicion - **pray for us.**
Mother who saw her son die - **pray for us.**
mother who saw her son rise - **pray for us.**
Hail Mary, full of grace...

Wednesday 20th May

We pray the prayer that Jesus taught us
Our Father, who art in heaven...

Thursday 21st May

Today is the Feast of the Ascension
Lord, as we contemplate your ascension back to the Father,
help us to understand that you never left us,
your Spirit is still with us.
may we take comfort and strength from your last words to the disciples,
at the end of Matthew's Gospel:
"I am with you always, til the end of time".
Amen

Friday 22nd May

Bless the hands that we take for granted,
the hands that help us on our way,
that provide for us,
that pick us up when we stumble.
Bless the hands that serve our food,
the hands that planted and raised the crops that made it all the way to our plate.
Bless the hands that stitched and sewed our clothes,
that pinned and packed our shirts and tops,
sometimes for less than we would call a living wage.
Bless the hands that fix our bodies when they're broken,
sew up wounds, take our temperature, tell us when to slow down
Amen



Monday 25th May

Loving Lord, you have given us the sun so that we can see clearly.
You have given us clouds to provide us with cooling rain.
You have given us the wind to calm our heated tempers.
You have given us the night time so that we can rejoice once more at the start of a new day.
Amen

Tuesday 26th May

Lord, may those who take risks and make sacrifices for their own education,
or the education of others,
inspire us always in our pursuit of learning and the life of faith.
May we learn from one another,
gain the knowledge to build a better world,
and realise the potential you give to all. Amen

Wednesday 27th May

We ask Mary, our Mother, to pray for us as we say
Hail Mary, full of grace...

Thursday 28th May

May God guard us and keep us in safety and comfort,
and in health and strength,
sending us nothing but good.
May God send down so many blessings
that the day is not long enough to hold them all.
Amen

Friday 29th May

Loving God, we ask for the gift of your Holy Spirit
Holy Spirit: **help us**
We ask for the energy and vision of your Spirit
Holy Spirit: **help us**
We ask for the hope and comfort of your Spirit
Holy Spirit: **help us**
We ask for the peace and joy of your Spirit
Holy Spirit: **help us**
We ask for the guidance and strength of your Spirit
Holy Spirit: **help us**
In Jesus' name, Amen



Sunday was the Feast of Pentecost, the end of the Easter season.

It is a celebration of God sending the Holy Spirit to be with us and guide us, as Jesus promised.

Monday 1st June

Come, Holy Spirit, fill the hearts of your faithful
and enkindle in them the fire of your love.
Send forth your Spirit and they shall be created,
and you shall renew the face of the earth.
Amen.

Tuesday 2nd June

Loving God, we ask for the assurance of your Spirit
to know your presence with us in our daily lives:
in our relationships;
in our work and service;
in our worship;
in our times of joy and pain.
Amen

Wednesday 3rd June

Lord, by the light of the Holy Spirit
you have taught the hearts of your faithful.
In the same Spirit help us to follow what is right
and always rejoice in your love.
We ask this through Christ our Lord.
Amen.

Thursday 4th June

Spirit of wisdom and understanding, open our minds to your truth.
Spirit of right judgment and courage, guide us on our journey.
Spirit of knowledge and reverence, help us in our daily encounters with others.
May we respect life as we work to solve problems of family and nation, economy and ecology.
Spirit of God, spark our faith, hope and love into new action each day.
Fill our lives with wonder and awe in your presence.
Amen.

Friday 5th June

Breathe into me, Holy Spirit, that my thoughts may all be holy.
Move in me, Holy Spirit, that my work, too, may be holy.
Attract my heart, Holy Spirit, that I may love only what is holy.
Strengthen me, Holy Spirit, that I may defend all that is holy.
Protect me, Holy Spirit, that I may always be holy.
a prayer of St. Augustine



Monday 8th June

Creator God, you were there at the beginning of time, and are here with us now.
You are in all the ups and downs of our lives.
You are in the routine patterns of plans and friendships.
Help us to sense where your patterns were at work in our lives today.
Teach us to trust in your timeless love. Amen

Tuesday 9th June

Lord, you are the source of all truth,
everything comes together in your plan for life.
Help us to hear your word in every sound we hear,
and be patient as your truth emerges in our lives.
In all the uncertainties of a changing world,
help us to cling to you, Lord, more than to life itself.
Amen

Wednesday 10th June

Almighty God, we entrust all who are dear to us to your never failing care and love,
for this life and the life to come;
knowing that you are doing for them
better things than we can desire or pray for.
Amen

Thursday 11th June

O God, to those who have hunger,
give bread,
and to those who have bread,
give the hunger for justice.
Amen

Friday 12th June

Sunday is the 3rd anniversary of the Grenfell Tower fire

loving Father, we remember all the victims of the Grenfell Tower inferno,
the many who died on the night,
and those who escaped with their lives and were made homeless.
we pray for those who still suffer due to the memory of that terrible event.
Lord, help us to make our world a safer, more compassionate place
by trying to understand as much as we can how things work,
what is safe and what is not,
by thinking about the consequences of our actions, no matter how small,
by holding to account those in power,
being brave enough to ask the awkward questions.
it is often the poor who suffer most from accidents in the world,
those with no voice and no one to stand up for their rights.
Help us to ease their suffering by being attentive, vigilant and thoughtful citizens of the world.
Amen



Monday 15th June

Sunday was the Feast of the Most Holy Trinity

God for us, we call you Father,

God alongside us, we call you Jesus,

God within us, we call you Holy Spirit.

You are the Eternal Mystery that enables, enfolds, and enlivens all things,
every name falls short of your goodness and greatness.

As it was in the beginning, is now, and ever shall be.

Amen.

Tuesday 16th June

Father of all people, trusting your word is the path to wisdom.

To search for your word is to grow in truth.

Open our eyes to your presence in creation and community.

Open our ears to your call in the day ahead,

so that everything we choose will lead us deeper into the hidden life you offer us.

Amen

Wednesday 17th June

Lord, you give us our lives:

all that we are, our bodies and our minds.

You inspire us to learn more about the world around us,

about you, about ourselves and about one another.

May we enjoy the freedoms that you give us, inspired to live as you call us to.

Amen

Thursday 18th June

This week is World Refugee Week

Almighty and merciful God, whose Son became a refugee and had no place to call his own;
look with mercy on those who today are fleeing from danger, homeless and hungry.

Bless those who work to bring them relief;

inspire generosity and compassion in all our hearts;

and guide the nations of the world towards the day

when all will rejoice in your kingdom of justice and of peace;

through Jesus Christ our Lord. Amen.

Friday 19th June

Sunday is the Day for Life, dedicated to raising awareness about the value of human life, at every stage and in every condition.

Lord and giver of all life,

help us to value each person,

created in love by you.

In your mercy, guide and assist our efforts to promote the dignity

and value of all human life, born and unborn.

We ask this through Christ our Lord.

Amen.



Monday 22nd June

Today is the feast day of St. John Fisher and St. Thomas More, and is a day dedicated to prayer for those who suffer persecution, oppression and denial of human rights.

God, we pray for all those in our world who are suffering from injustice:
for those who are discriminated against because of their race, colour or religion;
for those imprisoned for working for the relief of oppression;
for those deprived of reasonable healthcare and education;
for those suffering from hunger and famine;
for those too weak to help themselves and who have no one else to help them;
for the unemployed who cry out for work but do not find it.
We pray for anyone we know who is personally affected by injustice.
Forgive us, Lord, if we contribute to these injustices.
Show us how we can serve your children and make your love real. Amen

Tuesday 23rd June

You call us to be your light in the darkness,
your voice in the wilderness, your hope for the hopeless.
Give us your strength in our weakness,
grant us peace, gentleness and courage to proclaim more of you.
Amen

Wednesday 24th June

We pray the prayer that Jesus taught us
Our Father, who art in heaven...

Thursday 25th June

Open our eyes, Lord,
as we walk through this world,
as we feel the wind and sunshine,
and as we see the majesty of creation unfolding before our eyes.
Help us to see you.
Amen

Friday 26th June

Sunday is the Feast of St. Peter & St. Paul

Christ Jesus, help us to be faithful to you,
like St. Peter and St. Paul.
We know both these men made mistakes,
but they went on to be important in the early years of the Church.
You chose St. Peter to be the rock on which you built your Church.
St. Paul turned his life from one of hatred to one of love for you.
Inspire us to show our faith in all that we do.
Amen.
St. Peter **pray for us**
St. Paul **pray for us**



Monday 29th June

Grow, Jesus, grow in me.

in my spirit,

in my heart,

in my imagination,

in my senses.

Grow in me in your gentleness,

in your purity,

in your humility,

in your love.

Grow in me your grace, your light and your peace. Amen

Pierre Oliviant, Jesuit priest 19th Century

Tuesday 30th June

God our creator,

you have given us the talent and discipline

which help us to play and to compete together:

whether we win or fail let us be gracious,

and let us never be glad at another's setbacks;

Grant that when we use the skills you have given us,

we may recall you, the source of all our abilities.

Amen

Wednesday 1st July

We pray for the world in which we are called to let our light shine;

for the people who will see our good deeds;

and for the Church in which the light of the Gospel is proclaimed.

Lord, in your mercy, **hear our prayer.**

Thursday 2nd July

Lord, you have shared with each of us the gift of life.

Help us to remember that in everything we have done today,

you have been close to us.

Thank you for being with us today.

Amen

Friday 3rd July

Father, words cannot contain the mystery of your love.

Lift us beyond the limitations of measured lives

to the eternal reach of your loving kindness,

uncovered in the Death and Resurrection of Jesus.

Set us free to live and love in the same Spirit that moved Jesus to give his life for others.

Amen



Monday 6th July

God our Father,
you call each of us by name,
and you know the innermost thoughts that we keep to ourselves.
Stay with us, day by day,
in good times and in bad.
Empower us with your Spirit
that we may grow in character
and develop a true sense of values and ideals,
through following Jesus,
your Son and our Brother.
Amen

Tuesday 7th July

Lord, be a constant guide on our journey.
We need your patience when we struggle to know and do your will.
Help us to trust, even when fear and frustration throw us into confusion.
Stay close to each of us now, as Father, Son and Spirit,
and help us to rest in your love always.
Amen

Wednesday 8th July

We pray the prayer that Jesus taught us
Our Father, who art in heaven...

Thursday 9th July

God of wisdom, we thank you for all the gifts you have given us throughout this school year.
As we come towards the end of the year,
we give thanks for the good things you have done in and through us,
and we praise you for all who have shared in the work of our school.
We ask you to bless us all in your love.
We make this prayer through Christ our Lord,
Amen

Friday 10th July

Tomorrow is the feast of St. Benedict, patron saint of Europe
Lord, inspire us to offer the welcome St. Benedict insisted on for strangers,
since in the stranger we welcome Christ.
We pray for leaders who build walls to protect their people,
help them see that in building walls we become smaller, more insecure.
Inspire us again with your vision for humanity of unity and fellowship.
Amen



Monday 13th July

Yesterday was Sea Sunday, when traditionally we pray for seafarers and their families.

Holy Spirit, may you join the crew of every ship that sails the oceans,
bringing them peace and harmony.

May your presence counsel the downhearted,
heal the sick and bind together seafarers of all nationalities, cultures and faiths
so that they can live in harmony despite their differences.

Where there is a language barrier, be their mouthpiece.

Amen

Tuesday 14th July

Heavenly Father, you are the source of all hope,
you are the opposite of despair.

Just as the prophets called people to lives filled with goodness,
you call us to live in goodness.

May we be faithful to you, especially during difficult times.

Amen

Wednesday 15th July

Lord, you give us life and light, we give thanks for such great gifts.

Keep us from despair and the fear of what is to come.

Strengthen our will to give up selfishness today.

May your love in us overcome all things:

let there be no limit to our faith, our hope, and our endurance.

Amen

Thursday 16th July

Loving Father, your love goes beyond all boundaries.

Your care embraces the whole of creation.

May the barriers of prejudice, and the abyss of ignorance that divide us,
be bridged by your love and goodness,

living in ordinary people.

Amen

Friday 17th July

Father, Creator of all, thank you for summer!

Thank you for the warmth of the sun and the increased daylight.

Thank you for the beauty we see all around us

and for the opportunity to be outside and enjoy your creation.

Thank you for the increased time we have to be with friends and family,
and for the more casual pace of the summer season.

Draw us closer to you this summer.

Teach us how we can pray no matter where we are or what we're doing.

Warm our souls with the awareness of your presence

and light our path with your word and guidance.

Amen.