CURRICULUM MAP: GIRLS PE YEAR 9



								<b>EOY Assessment Point</b>
							HT6: Athletics Field / Rounders	HT1 – HT6
						HT5: Athletics Track / Rounders	Overarching unit intent:	Individuals are a taught in ability based groups for
				HT4: Rugby/ Gymnastics	Assessment Point: Summative or AFL	Overarching unit intent:	Application of skills and techniques.	athletics and rounders  Key Disciplinary
			HT3: Badminton/ Football	Overarching unit intent:	HT3 and HT4 (with elements of HT1	Application of skills and techniques.	Measure and improve speed and	Knowledge
	HT2: Badminton/	Assessment Point:	Overarching unit	Application of skills and techniques.	and HT2) Individuals are	Measure and improve speed and cardiovascular fitness.	cardiovascular fitness.  Analyse performance compared to previous	Hand-eye, foot-eye coordination, cardiovascular fitness.
HT1: Netball/ Handball	Hockey Overarching unit	Summative or AFL  HT1 & HT2	<u>intent:</u> Application of skills	Enhance the physical	assessed in gymnastics on their creativity,	Analyse performance compared to previous	one and demonstrate improvement to	Speed, power. Ability to use a range of tactics and
Overarching unit intent:	<u>intent:</u>	Individuals are	and techniques.	development skills learned in Year 7 and 8	technique and ability to link the movements	one and demonstrate improvement to	achieve their personal best.	strategies to overcome opponents
Application of skills	Application of skills and techniques.	assessed based on their ability and group accordingly in Netball/	Enhance the physical development skills learned in Year 7 and 8	so that pupils become more competent and confidence in their	together into a sequence. Individuals are	achieve their personal best.	Enhance the physical development skills	Recapping core skills learnt in previous units.
and techniques.  Enhance the physical	Enhance the physical development skills	handball and badminton/ Hockey.	so that pupils become more competent and	techniques.	assessed based on their ability and group	Enhance the physical development skills	learned in Year 7 and 8 so that pupils become more competent and	
development skills learned in Year 7 and 8	learned in Year 7 and 8 so that pupils become	Key disciplinary knowledge	confidence in their techniques.	Re-visit Year 8  Rugby:	accordingly in Rugby and after the Football unit.	learned in Year 7 and 8 so that pupils become more competent and	confidence in their techniques.	<u>Key Concepts</u>
so that pupils become more competent and confidence in their	more competent and confidence in their techniques.	Hand-eye, foot-eye	Re-visit Year 8	Development of tactical awareness		confidence in their techniques.	Re-visit Year 8	Embed physical development and skills learnt,
techniques. Baseline fitness test.	Re-visit Year 8	coordination, cardiovascular fitness. Ability to use a range of	Football: Development of tactical awareness.	Basic passing and receiving drills, ball familiarisation, passing	Key disciplinary knowledge	Re-visit Year 8	Athletics Field: Shot putt, discus,	Develop technique and improve performance.
Re-visit Year 8	Hockey: Development of	tactics and strategies to overcome opponents	Possession based drills to develop awareness	and receiving on the move, introduce the	Hand-eye, foot-eye	Athletics Track: 60m, 100m, 150m,	javelin, long jump, triple jump.	Understand what makes a performance effective, Self / peer assessment,
Netball: Development of	tactical awareness.  Correct grip of the hockey stick, basic	Key Concepts	of space and opposition around them. Conditioned	concept of running forwards, passing backwards,	coordination, cardiovascular fitness. Ability to use a range of	200m, 300m, 600m, 800m and relay.	Re-Visit HT 5	Engaging in competitive sports and activities.
tactical awareness and set plays. Continue the development of	dribbling, the push pass technique,	Embed physical development and skills	games to encourage playing in pressurised	conditioned games and small sided games.	tactics and strategies to overcome opponents	Re-visit Year 8	Rounders: Batting techniques and stance, fielding	Understand and apply the short/ long term health benefits of physical activity
passing to a partner on the move, retaining	receiving a pass, reverse stick work,	learnt, Develop technique and	situations. Full sided games, officiating. Engage in competitive	Engage in competitive games and sport.	Recapping core skills learnt in previous units.	Rounders: Batting techniques and stance, fielding	catching throwing, pitching, conditioned	to lead a health active lifestyle.
possession of the ball, playing under pressure in more small sided	conditioned games, and small sided games.	improve performance.	games and sport.  Re-visit HT 1:	Re-visit Year 8		catching throwing, pitching, conditioned games, understanding	games, understanding of positions and tactics and rules, full games.	Cross curricular links



game situations.	Engage in competitive	Understand what	Badminton:	Gymnastics:		of positions and tactics	Developing teamwork	
Engage in competitive	games and sport.	makes a performance	Development of	, , , , , , , , , , , , , , , , , , ,		and rules, full games.	and leadership	Maths, Science,
games and sport.		effective,	tactical awareness and	Build on basic shapes	Key Concepts	Engage in competitive	(officiating role).	CPSHCE, Food and
	Re-visit Year 8	Self / peer assessment,	range of shots to	forming the basis of all	<del></del>	games and sport.	Engage in competitive	
		Engaging in competitive	outwit opponents.	gymnastics moves,	Embed physical		games and sport.	Nutrition.
	Badminton:	sports and activities.	Backhand low serve,	develop balance	development and skills			
Handball:	Development of	Pupils expected to	high serve, overhead	movements utilising a	learnt,			
Passing techniques,	tactical awareness and	know, apply and	clear, high serve, drop	variety of body parts,	Develop technique and			
dribbling, footwork,	range of shots.	understand the skills	shot, net shot, smash	develop core strength	improve performance.			
shooting games, tactics	Backhand low serve,	and process for each	conditioned games,	in order to achieve	Understand what			
and positions	high serve, overhead	sporting activity.	half court games. Full	balance positions,	makes a performance			
conditioned games, full	clear, high serve, drop	Understand and apply	court games. Introduce	Introduce partner	effective,			
game. Engage in	shot, net shot, smash	the short/ long term	doubles tactics and	balances	Self / peer assessment,			
competitive games and	conditioned games,	health benefits of	service rotation.	Encourage creativity in	Engaging in competitive			
sport.	half court games. Full	physical activity to lead	Engage in competitive	travel movements, link	sports and activities.			
	court games. Introduce	a health active lifestyle.	games and sport.	movements together				
Cardiovascular fitness	doubles tactics and			to create a sequence,				
test:	service rotation.		Re-visit Year 8	develop the quality of				
12 min run.	Engage in competitive			the movement, and				
	games and sport.		Dance:	introduce aesthetics of				
			To perform the main	a good performance.				
			dance actions, develop					
			a motif, space,					
			relationships,					
			dynamics, perform in					
			front of peers.					