CURRICULUM MAP: GIRLS PE YEAR 8



								<b>EOY Assessment Point</b>
							HT6: Athletics Field /	
							Rounders	
						HT5: Athletics Track	Overarching unit	HT1 – HT6
						/ Rounders	intent:	
				HT4: Rugby/ Gymnastics	Assessment Point: Summative or AFL	Overarching unit intent:	Acquisition of skills and techniques.	Individuals are a taught in mixed ability groups for athletics, cricket and
			HT3: Dance /Badminton/ Football	Overarching unit intent:	HT3 and HT4 (with elements of HT1 and HT2)	Acquisition of skills and techniques.  Measure and improve	Measure and improve power and distance. Analyse performance	softball.
	HT2: Hockey/	Assessment Point:	Overarching unit	Acquisition of skills and	allu H12)	speed and	compared to previous	Key Disciplinary
	Handball	Summative or AFL	intent:	techniques.	Individuals are a taught	cardiovascular fitness.	one and demonstrate	Knowledge
					in mixed ability groups	Analyse performance	improvement to achieve their personal	
HT1: Netball/	Overarching unit	HT1 & HT2		Embed the physical	for basketball and	compared to previous	best.	Hand-eye, foot-eye
Badminton / Fitness	<u>intent:</u>		Acquisition of skills and	development skills	hockey. In rugby	one and demonstrate	best.	coordination,
Overarching unit		Individuals are assessed	techniques.	learned in year 7 so that pupils become	groups are taught based on competence	improvement to achieve their personal	Embed the physical	cardiovascular fitness.
<u>intent:</u>	Application of skills	based on their ability	Analyse performance compared to others	more competent and	and confidence.	best.	development skills	Speed, power. Ability to
Application of skills	and technique.	and group accordingly in football	and demonstrate	confidence in their	and confidence.	<b>Descr</b>	learned in HT 5 so that	use a range of tactics
Application of skills and technique.	Enhance the physical	and badminton/ table	improvement.	techniques.	In badminton and table	Embed the physical	pupils become more	and strategies to
and teeninque.	development skills	tennis.			tennis groups are	development skills	competent and	overcome opponents
Enhance the physical	learned in Year 7 so	In rugby groups are	Embed the physical	Re-visit Year 7	taught based on ability	learned in Year 7 so	confidence in their techniques.	
development skills	that pupils become	taught based on	development skills		from the previous HT 4.	that pupils become	teciniques.	Recapping core skills
learned in Year 7 so	more competent and	competence and	learned in KS2 & KS3 so	Rugby		more competent and confidence in their	Athletics Field:	learnt in previous units.
that pupils become	confidence in their	confidence.	that pupils become more competent and	Basic passing and	Key disciplinary	techniques.	Shot putt, discus,	
more competent and confidence in their	techniques. Baseline fitness test.	Key disciplinary	confidence in their	receiving drills, ball	knowledge		javelin, long jump,	Van Camanuta
techniques. Baseline	ittiess test.	knowledge	techniques. Engage in	familiarisation, passing		Athletics Track:	triple jump. Engage in	Key Concepts
fitness test.	Re-visit Year 7	Kilowicage	competitive games and	and receiving on the	Hand-eye, foot-eye	60m, 100m, 150m,	competitive games and	
		Hand-eye, foot-eye	sport.	move, introduce the	coordination,	200m, 300m, 600m,	sport.	Embed physical
Baseline assessment of	Hockey:	coordination,		concept of running	cardiovascular fitness.	800m and relay.	Re-visit HT 5	development and skills
netball, badminton and	Correct grip of the	cardiovascular fitness.	Re-visit Year 7	forwards, passing	Ability to use a range of	Rouders:	NC VISICITI 5	learnt,
cardiovascular fitness	hockey stick, basic	Ability to use a range of	Danca	backwards, conditioned games and	tactics and strategies to overcome opponents	Kouders:	Rounders:	Develop technique and
ability.	dribbling, push pass	tactics and strategies to	Dance: To perform the main	small sided games.	overcome opponents	Grip of bat, basic		improve performance.
Re-visit Year 7	technique, receiving a pass, Develop reverse	overcome opponents	dance actions, develop	Engage in competitive	Recapping core skills	stance, underarm	Re-visit core skills and	Understand what
Re-visit feat /	stick work, conditioned	Key Concepts	a motif, space,	games and sport.	learnt in previous units.	bowling technique,	techniques to enhance	makes a performance
Netball:	games, and small sided	ney concepts	relationships,			batting strokes, fielding	ability to perform in	effective,
Progress basic passing	games.	Embed physical	dynamics, perform in	Re-visit Year 7		catching and throwing,	competitive game	Self / peer assessment,
techniques and passing	Engage in competitive	development and skills	front of peers			overarm and	situations. Engage in competitive games and	Engaging in competitive
on the move,	games and sport.	learnt,		Gymnastics,		underarm.	sport.	sports and activities.



footwork, possession		Develop technique and	Re-visit HT1	Introduction to the	Key Concepts	Conditioned games	Engage in competitive
based drills, movement	Re-visit basic throwing	improve performance.		basic shapes forming		with differentiated	games and sport.
into space, conditioned	and catching skills from	Understand what	Badminton:	the basis of all	Embed physical	bats and balls. Engage	
games and small side	Netball.	makes a performance		gymnastics moves,	development and skills	in competitive games	Cross curricular links
games		effective,	Develop tactics within	develop balance	learnt,	and sport. Engage in	
focussing on passing,	Handball:	Self / peer assessment,	the game. Grip of the	movements utilising a	Develop technique and	competitive games and	Maths, Science, CPSHCE
movement and	Passing techniques,	Engaging in competitive	racquet,	variety of body parts,	improve performance.	sport.	Wattis, Science, Ci Since
footwork. Engage in	dribbling, footwork,	sports and activities.	Backhand low serve,	develop core strength	Understand what		
competitive games and	shooting games, tactics	Pupils expected to	basic overhead shot to	in order to achieve	makes a performance		
sport.	and positions	know, apply and	maintain a rally, drop	balance positions,	effective,		
	conditioned games, full	understand the skills	shot, conditioned	Encourage creativity in	Self / peer assessment,		
Re-visit Year 7	game. Engage in	and process for each	games, half court	travel movements, link	Engaging in competitive		
	competitive games and	sporting activity.	games. Engage in	movements together	sports and activities.		
Badminton:	sport.	Engage in competitive	competitive games and	to create a sequence,	Engage in competitive		
Grip of the racquet,		games and sport.	sport.	develop the quality of	games and sport.		
Backhand low serve,				the movement, and			
basic overhead shot to				introduce aesthetics of			
maintain a rally, drop			Football:	a good performance.			
shot, conditioned			Burta accessor				
games, half court			Basic passing				
games. Engage in			techniques, ball				
competitive games and			control, possession based drills,				
sport.			conditioned games and				
Cardiovascular fitness			small side games				
test:			focusing on passing,				
6 min run.			movement and control.				
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o min run.			Engage in competitive games and sport.				