CURRICULUM MAP: GIRLS PE YEAR 8



								<b>EOY Assessment Point</b>
							HT6: Athletics Field /	
							Rounders/ Tag	
							Rugby	HT1 – HT6
						HT5: Athletics Track	Overarching unit	
						/ Rounders	intent:	Individuals are a taught
				HT4: Fitness/	Assessment Point:	Overarching unit		in ability based groups
				Gymnastics	Summative or AFL	intent:	Acquisition of skills	for athletics and
							and techniques.	rounders.
			HT3: Hockey/ Football	Overarching unit	HT3 and HT4	Acquisition of skills and	Measure and improve power and distance.	
				intent:	(with elements of HT1	techniques.	Analyse performance	Key Disciplinary
	HT2: Netball/	Assessment Point:	Overarching unit	A	and HT2)	Measure and improve	compared to previous	Knowledge
	Badminton / Dance	Summative or AFL	<u>intent:</u>	Acquisition of skills and	Individuals are a bound	speed and	one and demonstrate	
				techniques.	Individuals are a taught in ability-based group	cardiovascular fitness.  Analyse performance	improvement to	Hand-eye, foot-eye
HT1: Netball/ Badminton / Fitness	Overarching unit	HT1 & HT2	Acquisition of skills and	Embed the physical	for hockey and football	compared to previous	achieve their personal	coordination,
	<u>intent:</u>	Individuals are assessed	techniques.	development skills	from previous year 7.	one and demonstrate	best.	cardiovascular fitness.
Overarching unit intent:	Application of skills	based on their ability	Analyse performance	learned in year 7 so		improvement to		Speed, power. Ability to
intent.	and technique.	and group accordingly	compared to others	that pupils become	Individuals are taught in	achieve their personal	Embed the physical	use a range of tactics
Application of skills		in Netball and	and demonstrate	more competent and	mixed ability groups for	best.	development skills	and strategies to
and technique.	Enhance the physical	badminton.	improvement.	confidence in their	gym working in pairs to		learned in HT 5 so that	overcome opponents
	development skills			techniques.	enhance their sport	Embed the physical	pupils become more competent and	overcome opponents
Enhance the physical	learned in Year 7 so	Fitness is taught as a	Embed the physical		specific vocabulary.	development skills	confidence in their	Recapping core skills
development skills	that pupils become	mixed ability to group	development skills	Fitness:	En constitute of the con-	learned in Year 7 so	techniques.	
learned in Year 7 so	more competent and	to identify current	learned in KS2 & KS3 so	Review HT1	Fitness is taught as a mixed ability to group	that pupils become more competent and		learnt in previous units
that pupils become	confidence in their	fitness levels and	that pupils become more competent and	Review progress in fitness test.	to identify current	confidence in their	Athletics Field:	In rugby groups are taugh
more competent and	techniques. Baseline	identify areas to	confidence in their	Develop methods of	fitness levels and	techniques.	Shot putt, discus,	based on competence and
confidence in their techniques. Baseline	fitness test.	improve.	techniques.	training to allow for	identify areas to		javelin, long jump,	confidence.
fitness test.	Re-visit Year 7			adaptations to take	improve.	Athletics Track:	triple jump.	comidence.
ittiess test.	ne visit real y	Key disciplinary		place.	·	60m, 100m, 150m,		
Baseline assessment of		knowledge	Hockey:			200m, 300m, 600m,	Re-visit HT 5	Key Concepts
netball, badminton and	Netball:		Correct grip of the	Gymnastics,		800m and relay.	Rounders:	Rey concepts
cardiovascular fitness	Progress basic passing	Hand-eye, foot-eye	hockey stick, basic		Key disciplinary		Rounders.	Embed physical
ability.	techniques and passing	coordination,	dribbling, push pass	Introduction to the	knowledge	Rounders:	Re-visit core skills and	development and skills
	on the move, footwork,	cardiovascular fitness.	technique, receiving a	basic shapes forming	Hand our fact au	Grip of bat, basic	techniques to enhance	learnt,
Re-visit Year 7	possession-based drills,	Ability to use a range of	pass, Develop reverse stick work, conditioned	the basis of all gymnastics moves,	Hand-eye, foot-eye coordination,	stance, underarm	ability to perform in	Develop technique and
	movement into space,	tactics and strategies to	games, and small sided	develop balance	cardiovascular fitness.	bowling technique,	competitive game	
Netball:	conditioned games and	overcome opponents	games, and small sided	movements utilising a	Ability to use a range of	batting strokes, fielding	situations.	improve performance.
Progress basic passing	small side games	Key Concepts	Bullies	variety of body parts,	tactics and strategies to	catching and throwing,		Understand what
techniques and passing on the move,		key Concepts		develop core strength	overcome opponents	overarm and	Rugby	makes a performance
on the move,						underarm.		effective,



footwork, possession	focusing on passing,	Embed physical		in order to achieve		Conditioned games	Basic passing and	Self / peer assessment,
based drills, movement	movement and	development and skills		balance positions,	Recapping core skills	with differentiated	receiving drills, ball	Engaging in competitive
into space, conditioned	footwork.	learnt,	Football:	Encourage creativity in	learnt in previous units.	bats and balls.	familiarisation, passing	sports and activities.
games and small side		Develop technique and		travel movements, link			and receiving on the	
games	Re-visit Year 7	improve performance.	Basic passing	movements together			move, introduce the	Cross curricular links
focusing on passing,		Understand what	techniques, ball	to create a sequence,			concept of running	Cross carricular mins
movement and	Badminton:	makes a performance	control, possession-	develop the quality of			forwards, passing	AA J C COCHO
footwork.	Grip of the racquet,	effective,	based drills,	the movement, and			backwards,	Maths, Science, CPSHCE
	Backhand low serve,	Self / peer assessment,	conditioned games and	introduce aesthetics of	Key Concepts		conditioned games and	
Re-visit Year 7	basic overhead shot to	Engaging in competitive	small side games	a good performance.			small sided games.	
	maintain a rally, drop	sports and activities.	focusing on passing,		Embed physical			Participate and compete in
Badminton:	shot, conditioned	Pupils expected to	movement and control.		development and skills			activities that build
Grip of the racquet,	games, half court	know, apply and			learnt,			character and help to
Backhand low serve,	games.	understand the skills			Develop technique and			embed values such as
basic overhead shot to		and process for each			improve performance.			fairness and respect.
maintain a rally, drop	Dance:	sporting activity.			Understand what			
shot, conditioned	To perform the main				makes a performance			
games, half court	dance actions, develop	Participate and			effective,			
games.	a motif, space,	compete in activities			Self / peer assessment,			
	relationships,	that build character and			Engaging in competitive			
Fitness:	dynamics, perform in	help to embed values			sports and activities.			
Baseline fitness tests,	front of peers	such as fairness and						
Revisiting the various		respect.			Participate and			
methods of training,					compete in activities			
continuous, circuit,					that build character and			
interval.					help to embed values			
9 minute run					such as fairness and			
					respect.			