CURRICULUM MAP: GIRLS PE YEAR 7



								EOY Assessment Point
							HT6: Athletics Field / Rounders	HT1 – HT6
						HT5: Athletics Track	Overarching unit	Key Disciplinary
						/ Rounders	intent:	Knowledge
				HT4: Rugby/ Gymnastics	Assessment Point: Summative or AFL	Overarching unit intent:	Acquisition of new skills and techniques.	Basic motor skills, hand- eye, foot-eye coordination,
			HT3: Dance	Overarching unit	HT3 and HT4	Acquisition of new	Measure and improve	cardiovascular fitness.
			/Badminton/ Football	intent:	(with elements of HT1	skills and techniques.	power and distance. Analyse performance	Speed, power.
					and HT2)	Measure and improve	compared to previous	
	HT2: Hockey / Netball	Assessment Point:	Overarching unit	Acquisition of new		speed and	one and demonstrate	Recapping core skills learnt
		Summative or AFL	<u>intent:</u>	skills and techniques.	Individuals are	cardiovascular fitness. Analyse performance	improvement to	in previous units.
			-	Embod the physical	assessed in gymnastics on their creativity,	compared to previous	achieve their personal	
HT1: Netball/	Overarching unit	HT1 & HT2	A annieltion of nour	Embed the physical development skills	technique and ability	one and demonstrate	best.	
Badminton	<u>intent:</u>		Acquisition of new skills and techniques.	learned in KS2 & KS3 so	to link the movements	improvement to		Key Concepts
Overarching unit	Association of nour	Individuals are assessed based on their	Analyse performance	that pupils become	together into a	achieve their personal	Embed the physical	
<u>intent:</u>	Acquisition of new skills and techniques.	ability and group	compared to others	more competent and	sequence.	best.	development skills	Embed physical
Acquisition of new	skins and techniques.	accordingly in netball	and demonstrate	confidence in their	3343333		learned in KS2 & KS3	development and skills
skills and techniques.	Embed the physical	and after the hockey	improvement.	techniques.	Key disciplinary	Embed the physical	so that pupils become	learnt,
skiiis and techniques.	development skills	unit.	·		knowledge	development skills	more competent and	Understand what makes a
Embed the physical	learned in KS2 & KS3 so	Badminton is taught in	Embed the physical	Rugby		learned in KS2 & KS3 so	confidence in their	performance effective, Self / peer assessment in
development skills	that pupils become	mixed ability.	development skills		Basic motor skills, hand-	that pupils become	techniques.	order for them to achieve
learned in KS2 & KS3 so	more competent and	ŕ	learned in KS2 & KS3 so	Basic passing and	eye, foot-eye	more competent and	Athletics Field:	a personal best.
that pupils become	confidence in their	Key disciplinary	that pupils become	receiving drills, ball	coordination,	confidence in their	Shot putt, discus,	Develop confidence and
more competent and	techniques.	<u>knowledge</u>	more competent and	familiarisation, passing	cardiovascular fitness.	techniques. Engage in	javelin, long jump,	interest in sports and
confidence in their			confidence in their	and receiving on the		competitive games and	triple jump. Engage in	activities for out of school.
techniques.	Hockey:	Basic motor skills, hand-	techniques.	move, introduce the	Recapping core skills	sport.	competitive games and	Engage in competitive
	Correct grip of the	eye, coordination,	Danser	concept of running forwards, passing	learnt in previous units.	Athletics Track:	sport.	games and sport.
Baseline assessment of	hockey stick, basic	cardiovascular fitness.	Dance: To perform the main	backwards,		60m, 100m, 150m,		
netball, badminton and	dribbling, push pass		dance actions, develop	conditioned games and		200m, 300m, 600m,	HT 2 re-visit	
cardiovascular fitness ability.	technique, receiving a pass, introduction to	Key Concepts	a motif, space,	small sided games.	Key Concepts	800m and relay.		
ability.	reverse stick work,	key concepts	relationships,				Rounders:	
Netball:	conditioned games,	Embed physical	dynamics, perform in	Gymnastics,	Embed physical	Rouders:		
Basic passing	and small sided games.	development and skills	front of peers		development and skills		Re-visit core skills and	
techniques, footwork,	Engage in competitive	learnt,		Introduction to the	learnt,	Grip of bat, basic	techniques to enhance	
possession based drills,	games and sport.	Understand what		basic shapes forming	Understand what	stance, underarm	ability to perform in	
movement into space,		makes a performance	Badminton:	the basis of all	makes a performance	bowling technique,	competitive game	
conditioned games and		effective,	Review HT1:	gymnastics moves,	effective,	batting strokes, fielding	situations. Engage in competitive games and	
small side games	Netball:	Self / peer assessment,		develop balance	Self / peer assessment,	catching and throwing,	sport.	
				movements utilising a			0,010	



focusing on passing,	Development of the	Develop confidence and	Develop tactics within	variety of body parts,	Develop confidence and	overarm and	
movement and	basic passes, passing to	interest in sports and	the game. Grip of the	develop core strength	interest in sports and	underarm.	
footwork. Engage in	a partner on the move,	activities for out of	racquet,	in order to achieve	activities for out of	Conditioned games	
competitive games and	retaining possession of	school. Engage in	Backhand low serve,	balance positions,	school. Engage in	with differentiated	
sport.	the ball, playing under	competitive games and	basic overhead shot to	Encourage creativity in	competitive games and	bats and balls. Engage	
	pressure in more small	sport.	maintain a rally, drop	travel movements, link	sport.	in competitive games	
Badminton:	sided game situations.		shot, conditioned	movements together		and sport.	
Grip of the racquet,	Engage in competitive		games, half court	to create a sequence,			
Backhand low serve,	games and sport.		games. Engage in	develop the quality of			
basic overhead shot to			competitive games and	the movement, and			
maintain a rally, drop			sport.	introduce aesthetics of			
shot, conditioned				a good performance.			
games, half court							
games. Engage in			Football:				
competitive games and							
sport.			Basic passing				
			techniques, ball				
Cardiovascular fitness			control, possession				
test:			based drills,				
6 min run.			conditioned games and				
			small side games				
			focusing on passing,				
			movement and control.				
			Engage in competitive				
			games and sport.				