CURRICULUM MAP: GIRLS PE YEAR 11



								EOY Assessment Point
							HT6: Athletics Track / Rounders	HT1 – HT6
						HT5: Athletics Field/ Rounders	Overarching unit intent:	Individuals are a taught in mixed ability groups for athletics and softball.
				HT4: Table Tennis/ Dodgeball	Assessment Point: Summative or AFL	Overarching unit intent:	Tackle complex and demanding physical	Key Disciplinary
			HT3: Football / Handball	Overarching unit intent:	HT3 and HT4 (with elements of HT1	Tackle complex and demanding physical	activities that develop personal fitness and	Knowledge
	HT2: Fitness/	Assessment Point:	Overarching unit	Tackle complex and demanding physical	and HT2)	activities that develop personal fitness and	promote an active health lifestyle.	Understand what makes a performance effect and
	Badminton	Summative or AFL	<u>intent:</u> Tackle complex and	activities that develop personal fitness and promote an active	Individuals are allowed to develop their performance in the	promote an active health lifestyle.	Athletics Field	how to apply these principles to their own and others work.
HT1: Netball/Hockey Overarching unit	Overarching unit intent:	HT1 & HT2	demanding physical activities that develop	health lifestyle.	activity of their choice from basketball / table	Athletics track	Re-visit skills learnt in Year 10.	Key Concepts
intent: Tackle complex and	Tackle complex and demanding physical	to develop their performance in the	personal fitness and promote an active	Dodgeball:	tennis and football / handball with the aim	Re-visit skills learnt in Year 10.	60m, 100m, 150m,	Embed physical
demanding physical activities that develop	activities that develop personal fitness and	activity of their choice from badminton / table	health lifestyle.	Applying throwing and catching skills from KS3. Developing agility,	of developing their technique and improving their	60m, 100m, 150m,	200m, 300m, 400m, 800m.	development and skills learnt,
personal fitness and promote an active	promote an active health lifestyle.	tennis and football / handball with the aim of developing their	Re-visit skills learnt in Year 10.	attacking and defensive skills within the game.	performance. Engage in competitive games and	200m, 300m, 400m, 800m.	Rounders	Develop technique and improve performance. Understand what makes a
health lifestyle. Netball:		technique and improving their	Apply these skills in full competitive	Apply the knowledge of the rules to the game.	sport. Key disciplinary	Rounders	Re-visit skills learnt in HT5	performance effective, Self / peer assessment,
Re-visit skills learnt in Year 10.		performance. Engage in competitive games and sport.	games developing a variety of tactics and	Table Tennis:	knowledge	Re-visit skills learnt in KS3	Apply these skills in full	Engaging in competitive sports and activities. Understand and apply the
Apply these skills in full competitive games developing a variety of		Key disciplinary knowledge	strategies to overcome opponents.	Grip of bat, Backhand push shot,	Demonstrate improvement across the activities of their	Apply these skills in full competitive games	competitive games developing a variety of tactics and strategies	short/ long term health benefits of physical activity to lead a health active
tactics and strategies to overcome opponents.		Demonstrate	Handball	basic serve technique and rules, conditioned	choice and evaluate their performance	developing a variety of tactics and strategies	to overcome opponents.	lifestyle. Engage in competitive games and
opponentai		improvement across the activities of their choice and evaluate	Re-visit skills learnt in Year 10.	games, full games. Develop technique and improve performance to	compared to previous ones.	to overcome opponents.		sport.
Hockey: Re-visit skills learnt in Year 10.		their performance compared to previous	Apply these skills in full competitive	outwit opponent. Forehand drive.	Key Concepts			<u>Cross curricular links</u>
Apply these skills in full competitive games		ones.	games developing a variety of tactics and		Embed physical development and skills			Maths, Science, CPSHCE, Food and
developing a variety of			strategies to overcome opponents.		learnt,			Nutrition.

With God all things are possible Matthew 19:26



tactics and strategies		Develop technique and	
to overcome		improve performance.	
opponents.	Key Concepts	Understand what	
		makes a performance	
	Embed physical	effective,	
	development and skills	Self / peer assessment,	
	learnt,	Engaging in competitive	
	Develop technique and	sports and activities.	
	improve performance.	Pupils expected to	
	Understand what	know, apply and	
	makes a performance	understand the skills	
	effective,	and process for each	
	Self / peer assessment,	sporting activity.	
	Engaging in competitive	Understand and apply	
	sports and activities.	the short/ long term	
	Pupils expected to	health benefits of	
	know, apply and	physical activity to lead	
	understand the skills	a health active lifestyle.	
	and process for each	Compete in activities	
	sporting activity.	that build character and	
	Understand and apply	help to embed valves	
	the short/ long term	such as fairness and	
	health benefits of	respect.	
	physical activity to lead		
	a health active lifestyle.		
	Compete in activities		
	that build character and		
	help to embed valves		
	such as fairness and		
	respect.		