CURRICULUM MAP: GCSE PE YEAR 11



								EOY Assessment Point
							HT6:	HT1 – HT6
						HT5: Component two- Health and performance	Overarching unit intent:	Pupils are assessed at regular intervals using
				HT4: Component one- Fitness and body systems	Assessment Point: Summative or AFL	Overarching unit intent:		high frequency low risk tests to develop knowledge and
			HT3: Component Two – Socio-Cultural influences	Overarching unit intent:	HT3 and HT4 (with elements of HT1 and HT2)	Re-visit component two from HT 1, 2 and 3. Including past papers		demonstrate interleaving of topics previously learnt.
	HT2: Component Two – Health, Fitness and Well-	Assessment Point: Summative or AFL	Overarching unit intent:	Re-visit component one from Year 10. Including past papers.	Pupils are assessed at regular intervals using high frequency low risk	and revision plan.		<u>Key Disciplinary</u> <u>Knowledge</u>
	being		Engagement patterns of different social groups in physical		tests to develop knowledge and			AO1 Demonstrating knowledge
	Component Two – Sport Psychology		activity and sport Commercialisation of		demonstrate interleaving of topics previously learnt.			(define) and understanding of a topic
HT1: Component Four – Personal	Overarching unit intent:	HT1 & HT2 Pupils are assessed at	physical activity and sport		Key disciplinary knowledge			AD2 Applying knowledge and understanding of a topic
Exercise Programme Component Two –	To understand the consequences of a	regular intervals using high frequency low risk	Ethical and socio- cultural issues in		AO1 Demonstrating			AO3 Analysing and Evaluating
Health, Fitness and Well-being	sedentary lifestyle Energy use, diet,	tests to develop knowledge and demonstrate	physical activity and sport		knowledge (define) and understanding of a			Interpret and analyse
Overarching unit intent:	nutrition and hydration	interleaving of topics previously learnt.	Work booklet – Socio-Cultural influences		topic AO2			results. Apply SMART targets. Compare and interpret results.
Evaluation of how a 6 week training programme has had a	Work booklet – Health, Fitness and	<u>Key disciplinary</u> <u>knowledge</u>	Specification 3.1.1 – 3.3.2		Applying knowledge and understanding of a topic			Evaluate with justified recommendations
beneficial effect on sports performance.	Well-being Specification 1.2.1 – 1.3.7	AO1 Demonstrating knowledge (define) and	3.3.2		AO3 Analysing and			Key Concepts
Evaluate results and impact on sporting performance and	Work booklet –	understanding of a topic			Evaluating <u>Key Concepts</u>			Fitness and body systems Health and performance.
recommend changes to aid future training.	Sport Psychology	<u>AO2</u>			Health and performance			



	Classification of skills	Applying knowledge
Work booklet –	(basic/ complex,	and understanding of a
alth, Fitness and	open/closed)	topic
Well-being		
To understand	The use of goal setting	<u>AO3</u>
ysical, emotional	and SMART targets to	Analysing and
	improve and/or	Evaluating
l social health,	optimise performance	Evaluating
s and well-being	optimise performance	De visit CAAADT toward
		Re-visit SMART target
ification 1.1.1 –	Guidance and feedback	from HT6 (Year 10)
1.1.7	on performance	
		Re-visit component
	Specification 2.1.1 –	one via revision plan
	2.4.1	
		Key Concepts
		Health and
		performance
		performance
		Pupils to sit component
		one examination and
		work completed so far
		from component two in
		school mock
		examinations.