CURRICULUM MAP: BOYS PE YEAR 9



								EOY Assessment Point
							HT6: Athletics Field /	HT1 – HT6
							Softball	
						HT5: Athletics Track	Overarching unit	Individuals are a taught in
						/ Cricket	intent:	mixed ability groups for
				HT4: Hockey / Table	Assessment Point:	Overarching unit		athletics, cricket and softball.
				Tennis / Badminton	Summative or AFL	intent:	Application of skills and techniques.	SOILDall.
			HT3: Basketball /	Overarching unit	HT3 and HT4	Application of skills	Measure and improve	Key Disciplinary
			Football	intent:	(with elements of HT1	and techniques.	speed and cardiovascular fitness.	<u>Knowledge</u>
				A 12	and HT2)	Measure and improve	Analyse performance	Hand our fact our
	HT2: Rugby / Table	Assessment Point:	Overarching unit	Application of skills and techniques.	Individuals are a taught	speed and cardiovascular fitness.	compared to previous	Hand-eye, foot-eye coordination,
	Tennis / Badminton	Summative or AFL	<u>intent:</u>	and techniques.	in mixed ability groups	Analyse performance	one and demonstrate	cardiovascular fitness.
HT1: Football /	Overarching unit	HT1 & HT2	Application of skills	Enhance the physical	for basketball and	compared to previous	improvement to	Speed, power. Ability to
Handball / Heath	intent:	HII & HIZ	and techniques.	development skills	hockey. In rugby	one and demonstrate	achieve their personal	use a range of tactics and
related fitness	intent.	Individuals are		learned in Year 7 and 8	groups are taught	improvement to	best.	strategies to overcome
Overarching unit	Application of skills	assessed based on their	Enhance the physical	so that pupils become	based on competence	achieve their personal		opponents
intent:	and techniques.	ability and group	development skills	more competent and	and confidence.	best.	Enhance the physical	
		accordingly in football/	learned in Year 7 and 8	confidence in their			development skills learned in Year 7 and 8	Recapping core skills learnt
Application of skills	Enhance the physical	handball and	so that pupils become	techniques.	In badminton and table	Enhance the physical	so that pupils become	in previous units.
and techniques.	development skills	badminton/ table	more competent and		tennis groups are	development skills	more competent and	
	learned in Year 7 and 8	tennis.	confidence in their	Re-visit Year 8	taught based on ability	learned in Year 7 and 8	confidence in their	
Enhance the physical	so that pupils become	In rugby groups are	techniques.	Hockey:	from the previous HT 4.	so that pupils become more competent and	techniques.	Key Concepts
development skills	more competent and	taught based on	Re-visit Year 8	Grip of stick, stance,		confidence in their	·	
learned in Year 7 and 8	confidence in their	competence and	Re-visit feat o	push pass, slap pass,	Key disciplinary	techniques.	Re-visit Year 8	Embed physical
so that pupils become	techniques.	confidence.	Basketball:	hit. Movement,	knowledge			development and skills
more competent and confidence in their	Re-visit Year 8	Key disciplinary	Passing techniques, 3	dribbling techniques,	- Interneuge	Re-visit Year 8	Athletics Field:	learnt,
techniques.	Re-visit fedi o	knowledge	man weave, dribbling	conditioned games,	Hand-eye, foot-eye		Shot putt, discus,	Develop technique and
techniques.	Rugby:	RHOWICUGE	skills and ball handling	and small sided games,	coordination,	Athletics Track:	javelin, long jump,	improve performance.
Re-visit Year 8	Passing technique,	Hand-eye, foot-eye	skills, lay-up, set shot,	full sided games.	cardiovascular fitness.	60m, 100m, 150m,	triple jump.	Understand what makes a performance effective,
	safe tackling technique,	coordination,	jump shot, conditioned	Engage in competitive	Ability to use a range of	200m, 300m, 600m,	Da Walk UT F	Self / peer assessment,
Football:	side on tackle, front on	cardiovascular fitness.	games, small sided	games and sport.	tactics and strategies to	800m and relay.	Re-Visit HT 5	Engaging in competitive
Possession based drills	tackle, passing on the	Ability to use a range of	games. Engage in		overcome opponents		Softball:	sports and activities.
to develop awareness	move, receiving a pass,	tactics and strategies to	competitive games and			Re-visit Year 8	Batting techniques and	Understand and apply the
of space and	rucking, offloading.	overcome opponents	sport.	HT 2 re-visit	Recapping core skills	Cafeball.	stance, fielding	short/ long term health
opposition around	Conditioned game,			Table Tamaia	learnt in previous units.	Softball: Batting techniques and	catching throwing,	benefits of physical activity
them. Conditioned	small sided games	Key Concepts	UT 1 no vieit	Table Tennis:		stance, fielding	pitching, conditioned	to lead a health active
games to encourage	(touch/ full contact).		HT 1 re-visit	Backhand push shot, basic serve technique		catching throwing,	games, understanding	lifestyle. Engage in
playing in pressurised			Football:	and rules, conditioned		pitching, conditioned	of positions and tactics	competitive games and
situations. Full sided			i ootball.	games, full games.		games, understanding	and rules, full games.	sport.



Engage in competitive games and sport.  Table Tennis:  development and skills to develop awareness improve performance.  Jearnt, of space and from the catcher. Engage in competitive games and grown and grown and grown are specification.  Table Tennis:  development and skills to develop awareness improve performance.  Forehand drive. Engage Embed physical Engage in competitive competitive games and Cr	
games and short Table Tennis learnt of space and Forehand drive Engage Embed physical Engage in competitive competitive games and	
guines and sports   rubic remiss.   Competitive games and   Competitive games	Cross curricular links
Grip of bat, Develop technique and opposition around in competitive games development and skills games and sport. sport.	
Handball: Backhand push shot, improve performance. them. Conditioned and sport. learnt,	Maths, Science,
Descring techniques   fereband drive   Inderstand what   games to encourage	
dribbling, footwork, introduce top spin makes a performance playing in pressurised Re-visit HT 2 improve performance.	CPSHCE, Food and
shooting games, tactics backhand, variety of effective, situations. Full sided Understand what	Nutrition.
and positions   serving techniques and   Self / peer assessment,   games, officiating.   Badminton:   makes a performance	
conditioned games, full rules, conditioned Engaging in competitive Engage in competitive Backhand low serve, effective,	
game. games, full games. sports and activities. games and sport. high serve, overhead Self / peer assessment,	
Pupils expected to clear to maintain a Engaging in competitive	
Health related fitness: Re-visit Year 8 know, apply and rally, high serve, drop sports and activities.	
Circuit training, understand the skills shot, net shot, Engage in competitive	
interval training, cardio Badminton: and process for each conditioned games, games and sport.	
vascular fitness testing, Backhand low serve, sporting activity. half court games. Full	
to develop health high serve, overhead Understand and apply court games. Engage in	
related fitness and clear, high serve, drop the short/ long term competitive games and	
health awareness. shot, net shot, smash health benefits of sport.	
conditioned games, physical activity to lead	
half court games. Full a health active lifestyle.	
Cardiovascular fitness court games. Introduce Engage in competitive	
test: doubles tactics and games and sport.	
12 min run. service rotation.	