CURRICULUM MAP: BOYS PE YEAR 9



								EOY Assessment Point
							HT6: Athletics Field / Softball	HT1 – HT6
						HT5: Athletics Track / Cricket	Overarching unit intent:	Individuals are a taught in mixed ability groups for
				HT4: Table Tennis / Badminton / Basketabll	Assessment Point: Summative or AFL	Overarching unit intent:	Application of skills and techniques.	athletics, cricket and softball.
			HT3: Table Tennis / Badminton	Overarching unit intent:	HT3 and HT4 (with elements of HT1 and HT2)	Application of skills and techniques. Measure and improve	Measure and improve speed and cardiovascular fitness.	<u>Key Disciplinary</u> <u>Knowledge</u>
	HT2: Football / Fitness	Assessment Point: Summative or AFL	Overarching unit intent:	Application of skills and techniques.	Individuals are a taught in mixed ability groups	speed and cardiovascular fitness. Analyse performance	Analyse performance compared to previous one and demonstrate	Hand-eye, foot-eye coordination, cardiovascular fitness.
HT1: Hockey/ Heath related fitness Overarching unit	Overarching unit intent:	HT1 & HT2	Application of skills and techniques.	Enhance the physical development skills learned in Year 7 and 8	for basketball, table tennis and badminton.	compared to previous one and demonstrate improvement to	improvement to achieve their personal best.	Speed, power. Ability to use a range of tactics and strategies to overcome
intent: Application of skills	Application of skills and techniques.	assessed based on their ability and group accordingly in football.	Enhance the physical development skills learned in Year 7 and 8	so that pupils become more competent and confidence in their	In badminton and table tennis groups are taught based on ability	achieve their personal best.	Enhance the physical development skills	opponents Recapping core skills learnt
and techniques.	Enhance the physical development skills learned in Year 7 and 8	In Hockey and Fintess groups are taught based on competence	so that pupils become more competent and confidence in their	techniques. Re-visit Year 8	from the previous HT 4.	Enhance the physical development skills learned in Year 7 and 8	learned in Year 7 and 8 so that pupils become more competent and	in previous units.
development skills learned in Year 7 and 8 so that pupils become	so that pupils become more competent and confidence in their	and confidence. Key disciplinary	techniques. Re-visit Year 8	Basketball: Passing techniques, 3	<u>Key disciplinary</u> <u>knowledge</u>	so that pupils become more competent and confidence in their	confidence in their techniques.	Key Concepts
more competent and confidence in their	techniques.	<u>knowledge</u>	Table Tennis:	man weave, dribbling skills and ball handling skills, lay-up, set shot,	Hand-eye, foot-eye coordination, cardiovascular fitness.	techniques. Re-visit Year 8	Re-visit Year 8 Athletics Field:	Embed physical development and skills learnt,
techniques. Re-visit Year 8	Re-visit Year 8	Hand-eye, foot-eye coordination, cardiovascular fitness.	Backhand push shot, basic serve technique	jump shot, conditioned games, small sided	Ability to use a range of tactics and strategies to	Athletics Track:	Shot putt, discus, javelin, long jump, triple jump.	Develop technique and improve performance. Understand what makes a
Hockey: Grip of stick, stance,	Football: Possession based drills to develop awareness	Ability to use a range of tactics and strategies to overcome opponents	and rules, conditioned games, full games. Develop technique and	games. Engage in competitive games and sport.	Recapping core skills	60m, 100m, 150m, 200m, 300m, 600m, 800m and relay.	Re-Visit HT 5	performance effective, Self / peer assessment, Engaging in competitive
push pass, slap pass, hit. Movement, dribbling techniques,	of space and opposition around them. Conditioned	Key Concepts	improve performance. Forehand drive. Engage in competitive games	HT 2 re-visit	learnt in previous units.	Re-visit Year 8	Softball: Batting techniques and stance, fielding	sports and activities. Understand and apply the short/long term health
conditioned games, and small sided games, full sided games.	games to encourage playing in pressurised situations. Full sided	Embed physical development and skills learnt,	and sport. Re-visit HT 2	Table Tennis: Backhand push shot,		Softball: Batting techniques and stance, fielding	catching throwing, pitching, conditioned	benefits of physical activity to lead a health active lifestyle. Engage in
Engage in competitive games and sport.	games, officiating.	Develop technique and improve performance.	Badminton:	basic serve technique and rules, conditioned games, full games.	Key Concepts	catching throwing, pitching, conditioned games, understanding	games, understanding of positions and tactics and rules, full games.	competitive games and sport.



	Engage in competitive	Understand what	Backhand low serve,	Develop technique and	Embed physical	of positions and tactics	Introduce the role of	
Health related fitness:	games and sport.	makes a performance	high serve, overhead	improve performance.	development and skills	and rules, full games.	the catcher. Engage in	
Circuit training,		effective,	clear to maintain a	Forehand drive. Engage	learnt,	Engage in competitive	competitive games and	Cross curricular links
interval training, cardio	Cardiovascular fitness	Self / peer assessment,	rally, high serve, drop	in competitive games	Develop technique and	games and sport.	sport.	
vascular fitness testing,	test:	Engaging in competitive	shot, net shot,	and sport.	improve performance.			Maths, Science,
to develop health	12 min run.	sports and activities.	conditioned games,		Understand what			CPSHCE, Food and
related fitness and		Pupils expected to	half court games. Full	Re-visit HT 2	makes a performance			Nutrition.
health awareness.		know, apply and	court games. Engage in		effective,			Nutrition.
	Health related fitness:	understand the skills	competitive games and	Badminton:	Self / peer assessment,			
	Circuit training, interval	and process for each	sport.	Backhand low serve,	Engaging in competitive			
Cardiovascular fitness	training, cardio	sporting activity.		high serve, overhead	sports and activities.			
test:	vascular fitness testing,	Understand and apply		clear to maintain a	Engage in competitive			
12 min run.	to develop health	the short/ long term		rally, high serve, drop	games and sport.			
	related fitness and	health benefits of		shot, net shot,				
	health awareness.	physical activity to lead		conditioned games,				
		a health active lifestyle.		half court games. Full				
		Engage in competitive		court games. Engage in				
	Cardiovascular fitness	games and sport.		competitive games and				
	test:			sport.				
	12 min run.							