CURRICULUM MAP: BOYS PE YEAR 8



								EOY Assessment Point
							HT6: Athletics Field / Softball	HT1 – HT6
						HT5: Athletics Track / Cricket	Overarching unit intent:	Individuals are a taught in mixed ability groups for
				HT4: Hockey / Table Tennis / Badminton	Assessment Point: Summative or AFL	Overarching unit intent:	Application of skills and techniques.	athletics, cricket and softball.
			HT3: Basketball / Rugby	Overarching unit intent:	HT3 and HT4 (with elements of HT1 and HT2)	Application of skills and techniques. Measure and improve	Measure and improve speed and cardiovascular fitness.	Key Disciplinary Knowledge
	HT2: Rugby / Table Tennis / Badminton	Assessment Point: Summative or AFL	Overarching unit intent:	Application of skills and techniques.	Individuals are a taught in mixed ability groups	speed and cardiovascular fitness. Analyse performance	Analyse performance compared to previous one and demonstrate	Hand-eye, foot-eye coordination, cardiovascular fitness.
HT1: Football / Tennis / Badminton	<u>Overarching unit</u> <u>intent:</u>	HT1 & HT2	Application of skills and techniques.	Enhance the physical development skills learned in Year 7 so	for basketball and hockey. In rugby groups are taught	compared to previous one and demonstrate improvement to	improvement to achieve their personal best.	Speed, power. Ability to use a range of tactics and strategies to overcome
Overarching unit intent:	Application of skills and techniques.	assessed based on their ability and group accordingly in football/	Enhance the physical development skills learned in Year 7 so	that pupils become more competent and confidence in their	based on competence and confidence.	achieve their personal best.	Enhance the physical development skills	opponents Recapping core skills learnt
Application of skills and techniques.	Enhance the physical development skills	handball and badminton/ table	that pupils become more competent and confidence in their	techniques.	In badminton and table tennis groups are taught based on ability	Enhance the physical development skills learned in Year 7 so	learned in Year 7 so that pupils become more competent and	in previous units.
Enhance the physical development skills learned in Year 7 so	learned in Year 7 so that pupils become more competent and	tennis. In rugby groups are taught based on	techniques. Basketball:	Hockey: Grip of stick, stance,	from the previous HT 4.	that pupils become more competent and confidence in their	confidence in their techniques.	<u>Key Concepts</u>
that pupils become more competent and confidence in their	confidence in their techniques.	competence and confidence.	Passing techniques, 3 man weave, dribbling	push pass, slap pass, hit. Movement,	Key disciplinary knowledge	techniques.	Re-visit Year 7 Athletics Field:	Embed physical development and skills learnt,
techniques. Re-visit Year 7	Re-visit Year 7 Rugby:	<u>Key disciplinary</u> <u>knowledge</u>	skills and ball handling skills, lay-up, set shot, jump shot, conditioned	dribbling techniques, conditioned games, and small sided games.	Hand-eye, foot-eye coordination,	Athletics Track:	Shot putt, discus, javelin, long jump, triple jump.	Develop technique and improve performance. Understand what makes a
Football: Possession based drills	Passing technique, safe tackling technique, side on tackle, front on	Hand-eye, foot-eye coordination, cardiovascular fitness.	games, small sided games. Engage in competitive games and	Engage in competitive games and sport.	cardiovascular fitness. Ability to use a range of tactics and strategies to	60m, 100m, 150m, 200m, 300m, 600m, 800m and relay.	Softball: Grip off bat, batting	performance effective, Self / peer assessment, Engaging in competitive
to develop awareness of space and opposition around	tackle, passing on the move, receiving a pass, rucking, offloading.	Ability to use a range of tactics and strategies to overcome opponents	sport.	HT 2 re-visit	overcome opponents Recapping core skills	Re-visit Year 7	techniques and stance, fielding catching	sports and activities. Engage in competitive games and sport.
them. Conditioned games to encourage playing in pressurised	Conditioned game, small sided games (touch/ full contact).	Key Concepts	HT 2 re-visit Rugby:	Table Tennis: Backhand push shot, basic serve technique	learnt in previous units.	Cricket: Grip of bat, basic stance, overarm	throwing, pitching, conditioned games, understanding of positions and tactics	Cross curricular links
situations. Full sided games, officiating.	Engage in competitive games and sport.		Passing technique, safe tackling technique, side on tackle, front on	and rules, conditioned games, full games. Develop technique and		bowling technique, batting strokes, fielding catching and throwing.	and rules, full games.	Maths, Science, CPSHCE

With God all things are possible  ${\scriptstyle Matthew 19:26}$ 



Engage in competitive		Embed physical	tackle, passing on the	improve performance.	Key Concepts	Conditioned games	Engage in competitive	
games and sport.		development and skills	move, receiving a pass,	Forehand drive.		with wind ball. Engage	games and sport.	1
Re-visit Year 7	Re-visit HT 1	learnt,	rucking, offloading. Set	Re-visit HT 1	Embed physical	in competitive games	0	1
		Develop technique and	plays, conditioned		development and skills	and sport.		1
Table Tennis:	Table Tennis:	improve performance.	game, small sided	Badminton:	learnt,			1
Grip of bat,	Grip of bat,	Understand what	games (touch/ full	Backhand low serve,	Develop technique and			1
Backhand push shot,	Backhand push shot,	makes a performance	contact).	high serve, overhead	improve performance.			1
forehand drive,	forehand drive,	effective,	Engage in competitive	clear to maintain a	Understand what			1
introduce top spin	introduce top spin	Self / peer assessment,	games and sport.	rally, high serve, drop	makes a performance			1
backhand, variety of	backhand, variety of	Engaging in competitive		shot, net shot,	effective,			1
serving techniques and	serving techniques and	sports and activities.		conditioned games,	Self / peer assessment,			1
rules, conditioned	rules, conditioned	Pupils expected to		half court games. Full	Engaging in competitive			1
games, full games.	games, full games.	know, apply and		court games. Engage in	sports and activities.			1
Engage in competitive	Engage in competitive	understand the skills		competitive games and	Engage in competitive			1
games and sport.	games and sport.	and process for each		sport.	games and sport.			1
		sporting activity.						1
Re-visit Year 7	Re-visit HT 1	Engage in competitive						1
		games and sport.						1
Badminton:	Badminton:							1
Backhand low serve,	Backhand low serve,							1
high serve, overhead	high serve, overhead							1
clear, high serve, drop	clear, high serve, drop							1
shot, net shot, smash	shot, net shot, smash							1
conditioned games,	conditioned games,							1
half court games. Full	half court games. Full							1
court games. Engage in	court games. Introduce							
competitive games and	doubles tactics and							
sport.	service rotation.							
	Engage in competitive							
	games and sport.							
Cardiovascular fitness								
test:								
9 min run.								