



							EOY Assessment Point	
				HT4: Hockey / Table Tennis / Badminton	Assessment Point: Summative or AFL	HT5: Athletics Track / Cricket	HT6: Athletics Field / Softball	
			HT3: Basketball / Rugby	Overarching unit intent:  Application of skills and techniques.  Enhance the physical development skills learned in Year 7 so that pupils become more competent and confidence in their techniques.		Overarching unit intent:  Application of skills and techniques. Measure and improve speed and cardiovascular fitness. Analyse performance compared to previous one and demonstrate improvement to achieve their personal best.	Overarching unit intent:  Application of skills and techniques. Measure and improve speed and cardiovascular fitness. Analyse performance compared to previous one and demonstrate improvement to achieve their personal best.	
HT1: Football / Tennis / Badminton	HT2: Rugby / Table Tennis / Badminton	Assessment Point: Summative or AFL	<u>Overarching unit intent:</u>  Application of skills and techniques.  Enhance the physical development skills learned in Year 7 so that pupils become more competent and confidence in their techniques.	HT3: Basketball / Rugby <u>Overarching unit intent:</u>  Application of skills and techniques.  Enhance the physical development skills learned in Year 7 so that pupils become more competent and confidence in their techniques.	HT3 and HT4 (with elements of HT1 and HT2)  Individuals are a taught in mixed ability groups for basketball and hockey. In rugby groups are taught based on competence and confidence.  In badminton and table tennis groups are taught based on ability from the previous HT 4.	Overarching unit intent:  Application of skills and techniques. Measure and improve speed and cardiovascular fitness. Analyse performance compared to previous one and demonstrate improvement to achieve their personal best.	HT1 – HT6  Individuals are a taught in mixed ability groups for athletics, cricket and softball.  <u>Key Disciplinary Knowledge</u>  Hand-eye, foot-eye coordination, cardiovascular fitness. Speed, power. Ability to use a range of tactics and strategies to overcome opponents  Recapping core skills learnt in previous units.	
<u>Overarching unit intent:</u>  Application of skills and techniques.  Enhance the physical development skills learned in Year 7 so that pupils become more competent and confidence in their techniques.  Re-visit Year 7  Football: Possession based drills to develop awareness of space and opposition around them. Conditioned games to encourage playing in pressurised situations. Full sided games, officiating.	<u>Overarching unit intent:</u>  Application of skills and techniques.  Enhance the physical development skills learned in Year 7 so that pupils become more competent and confidence in their techniques.  Re-visit Year 7  Rugby: Passing technique, safe tackling technique, side on tackle, front on tackle, passing on the move, receiving a pass, rucking, offloading. Conditioned game, small sided games (touch/ full contact). Engage in competitive games and sport.	HT1 & HT2  Individuals are assessed based on their ability and group accordingly in football/ handball and badminton/ table tennis.  In rugby groups are taught based on competence and confidence.  <u>Key disciplinary knowledge</u>  Hand-eye, foot-eye coordination, cardiovascular fitness. Ability to use a range of tactics and strategies to overcome opponents  <u>Key Concepts</u>	Basketball: Passing techniques, 3 man weave, dribbling skills and ball handling skills, lay-up, set shot, jump shot, conditioned games, small sided games. Engage in competitive games and sport.  HT 2 re-visit  Rugby: Passing technique, safe tackling technique, side on tackle, front on	Hockey: Grip of stick, stance, push pass, slap pass, hit. Movement, dribbling techniques, conditioned games, and small sided games. Engage in competitive games and sport.  HT 2 re-visit  Table Tennis: Backhand push shot, basic serve technique and rules, conditioned games, full games. Develop technique and	<u>Key disciplinary knowledge</u>  Hand-eye, foot-eye coordination, cardiovascular fitness. Ability to use a range of tactics and strategies to overcome opponents  Recapping core skills learnt in previous units.	Enhance the physical development skills learned in Year 7 so that pupils become more competent and confidence in their techniques.  Re-visit Year 7  Athletics Track: 60m, 100m, 150m, 200m, 300m, 600m, 800m and relay.  Re-visit Year 7  Cricket: Grip of bat, basic stance, overarm bowling technique, batting strokes, fielding catching and throwing.	Enhance the physical development skills learned in Year 7 so that pupils become more competent and confidence in their techniques.  Re-visit Year 7  Athletics Field: Shot putt, discus, javelin, long jump, triple jump.  Softball: Grip off bat, batting techniques and stance, fielding catching throwing, pitching, conditioned games, understanding of positions and tactics and rules, full games.	<u>Key Concepts</u>  Embed physical development and skills learnt, Develop technique and improve performance. Understand what makes a performance effective, Self / peer assessment, Engaging in competitive sports and activities. <u>Engage in competitive games and sport.</u>  <u>Cross curricular links</u>  Maths, Science, CPSHCE



<p>Engage in competitive games and sport. Re-visit Year 7</p> <p>Table Tennis: Grip of bat, Backhand push shot, forehand drive, introduce top spin backhand, variety of serving techniques and rules, conditioned games, full games. Engage in competitive games and sport.</p> <p>Re-visit Year 7</p> <p>Badminton: Backhand low serve, high serve, overhead clear, high serve, drop shot, net shot, smash conditioned games, half court games. Full court games. Engage in competitive games and sport.</p> <p>Cardiovascular fitness test: 9 min run.</p>	<p>Re-visit HT 1</p> <p>Table Tennis: Grip of bat, Backhand push shot, forehand drive, introduce top spin backhand, variety of serving techniques and rules, conditioned games, full games. Engage in competitive games and sport.</p> <p>Re-visit HT 1</p> <p>Badminton: Backhand low serve, high serve, overhead clear, high serve, drop shot, net shot, smash conditioned games, half court games. Introduce doubles tactics and service rotation. Engage in competitive games and sport.</p>	<p>Embed physical development and skills learnt, Develop technique and improve performance. Understand what makes a performance effective, Self / peer assessment, Engaging in competitive sports and activities. Pupils expected to know, apply and understand the skills and process for each sporting activity. <b>Engage in competitive games and sport.</b></p>	<p>tackle, passing on the move, receiving a pass, rucking, offloading. Set plays, conditioned game, small sided games (touch/ full contact). Engage in competitive games and sport.</p>	<p>improve performance. Forehand drive. Re-visit HT 1</p> <p>Badminton: Backhand low serve, high serve, overhead clear to maintain a rally, high serve, drop shot, net shot, conditioned games, half court games. Full court games. Engage in competitive games and sport.</p>	<p><b>Key Concepts</b></p> <p>Embed physical development and skills learnt, Develop technique and improve performance. Understand what makes a performance effective, Self / peer assessment, Engaging in competitive sports and activities. <b>Engage in competitive games and sport.</b></p>	<p>Conditioned games with wind ball. Engage in competitive games and sport.</p>	<p>Engage in competitive games and sport.</p>	
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