CURRICULUM MAP: BOYS PE YEAR 11



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							HT6: Athletics Track / Softball	HT1 – HT6
						HT5: Athletics Track / Softball	Overarching unit intent:	Individuals are a taught in mixed ability groups for athletics and softball.
				HT4: Football/ Handball	Assessment Point: Summative or AFL	Overarching unit intent:	Tackle complex and demanding physical	Key Disciplinary
			HT3: Table Tennis / Basketball	Overarching unit intent:	HT3 and HT4 (with elements of HT1	Tackle complex and demanding physical	activities that develop personal fitness and	Knowledge
	HT2: Football /	Assessment Point:	Overarching unit	Tackle complex and	and HT2)	activities that develop personal fitness and	promote an active health lifestyle. Engage in competitive games	Understand what makes a performance effect and
	Handball	Summative or AFL	<u>intent:</u>	demanding physical activities that develop	Individuals are allowed to develop their	promote an active health lifestyle. Engage	and sport.	how to apply these principles to their own and
HT1: Heath related fitness / table tennis	<u>Overarching unit</u> <u>intent:</u>	HT1 & HT2	Tackle complex and demanding physical	personal fitness and promote an active	performance in the activity of their choice	in competitive games and sport.	Athletics track	others work.
badminton Overarching unit	Tackle complex and	Individuals are allowed to develop their	activities that develop personal fitness and	health lifestyle. Engage in competitive games	from basketball / table tennis and football /	Athletics track	Re-visit skills learnt in HT5 to achieve their	<u>Key Concepts</u>
<u>intent:</u>	demanding physical activities that develop	performance in the activity of their choice	promote an active health lifestyle. Engage	and sport. Football	handball with the aim of developing their technique and	Re-visit skills learnt in KS3	personal best.	Embed physical development and skills
Tackle complex and demanding physical	personal fitness and promote an active	from badminton / table tennis and football /	in competitive games and sport.	Re-visit skills learnt in	improving their performance.	K35	60m, 100m, 150m,	learnt, Develop technique and
activities that develop personal fitness and	health lifestyle. Engage in competitive games	handball with the aim of developing their technique and	Table Tennis	HT2	Key disciplinary	60m, 100m, 150m, 200m, 300m, 400m,	200m, 300m, 400m, 800m.	improve performance. Understand what makes a
promote an active health lifestyle. Engage in competitive games	and sport. Football	improving their performance.	Re-visit skills learnt in HT1	Apply these skills in full competitive games	knowledge	800m.	Softball	performance effective, Self / peer assessment, Engaging in competitive
and sport.	Re-visit skills learnt in	Key disciplinary	Apply these skills in full	developing a variety of tactics and strategies	Demonstrate improvement across	Softball	Re-visit skills learnt in	sports and activities. Understand and apply the
Health related fitness: Build upon techniques	Year 10.	knowledge	competitive games developing a variety of	to overcome opponents.	the activities of their choice and evaluate	Re-visit skills learnt in KS3	HT5	short/ long term health benefits of physical activity
applied in Year 10. Circuit training,	Apply these skills in full competitive games	Demonstrate improvement across	tactics and strategies to overcome	Handball	their performance compared to previous	Apply these skills in full	Apply these skills in full competitive games developing a variety of	to lead a health active lifestyle. Engage in
interval training, cardio vascular fitness testing,	developing a variety of tactics and strategies	the activities of their choice and evaluate	opponents.	Re-visit skills learnt in	ones.	competitive games developing a variety of	tactics and strategies	competitive games and sport.
to develop health related fitness and	to overcome opponents.	their performance compared to previous	Basketball	HT2	Key Concepts	tactics and strategies to overcome	opponents.	
health awareness.	Handball	ones.	Re-visit skills learnt in KS3.	Apply these skills in full competitive games developing a variety of	Embed physical development and skills	opponents.		<u>Cross curricular links</u>
Table Tennis	Re-visit skills learnt in		Apply these skills in full competitive games	tactics and strategies	learnt, Develop technique and improve performance.			Maths, Science, CPSHCE, Food and
	Year 10.		developing a variety of	opponents.	improve performance.			Nutrition.

With God all things are possible Matthew 19:26



Re-visit skills learnt in		Key Concepts	tactics and strategies	Understand what		
Year 10.	Apply these skills in full		to overcome	makes a performance		
Apply these skills in full	competitive games	Embed physical	opponents.	effective,		
competitive games	developing a variety of	development and skills		Self / peer assessment,		
developing a variety of	tactics and strategies	learnt,		Engaging in competitive		
tactics and strategies	to overcome	Develop technique and		sports and activities.		
to overcome	opponents.	improve performance.		Pupils expected to		
opponents.		Understand what		know, apply and		
		makes a performance		understand the skills		
Badminton		effective,		and process for each		
		Self / peer assessment,		sporting activity.		
Re-visit skills learnt in		Engaging in competitive		Understand and apply		
КS3.		sports and activities.		the short/ long term		
		Pupils expected to		health benefits of		
Apply these skills in full		know, apply and		physical activity to lead		
competitive games		understand the skills		a health active lifestyle.		
developing a variety of		and process for each		Compete in activities		
tactics and strategies		sporting activity.		that build character and		
to overcome		Understand and apply		help to embed valves		
opponents, including		the short/ long term		such as fairness and		
doubles matches.		health benefits of		respect. Engage in		
		physical activity to lead		competitive games and		
		a health active lifestyle.		sport.		
		Compete in activities				
		that build character and				
		help to embed valves				
		such as fairness and				
		respect. Engage in				
		competitive games and				
		sport.				