

CURRICULUM MAP:
BOYS PE
YEAR 11



ST JAMES'
CATHOLIC HIGH SCHOOL

							EOY Assessment Point
							HT6: Athletics Track / Softball
							HT5: Athletics Track / Softball
							HT4: Football/ Handball
							HT3: Table Tennis / Basketball
							HT2: Football / Handball
							HT1: Heath related fitness / table tennis badminton
							Individuals are a taught in mixed ability groups for athletics and softball.
		Assessment Point: Summative or AFL	<u>Overarching unit intent:</u>	<u>Overarching unit intent:</u>	Assessment Point: Summative or AFL	Overarching unit intent:	Key Disciplinary Knowledge
		<i>HT1 & HT2</i>	Tackle complex and demanding physical activities that develop personal fitness and promote an active health lifestyle. Engage in competitive games and sport.	Tackle complex and demanding physical activities that develop personal fitness and promote an active health lifestyle. Engage in competitive games and sport.	HT3 and HT4 (with elements of HT1 and HT2)	Tackle complex and demanding physical activities that develop personal fitness and promote an active health lifestyle. Engage in competitive games and sport.	Understand what makes a performance effect and how to apply these principles to their own and others work.
		Individuals are allowed to develop their performance in the activity of their choice from badminton / table tennis and football / handball with the aim of developing their technique and improving their performance.	Table Tennis	Football	Individuals are allowed to develop their performance in the activity of their choice from basketball / table tennis and football / handball with the aim of developing their technique and improving their performance.	Athletics track	Key Concepts
		Key disciplinary knowledge	Re-visit skills learnt in HT1	Re-visit skills learnt in HT2	Apply these skills in full competitive games developing a variety of tactics and strategies to overcome opponents.	Re-visit skills learnt in KS3	Embed physical development and skills learnt,
		Demonstrate improvement across the activities of their choice and evaluate their performance compared to previous ones.	Apply these skills in full competitive games developing a variety of tactics and strategies to overcome opponents.	Apply these skills in full competitive games developing a variety of tactics and strategies to overcome opponents.	Demonstrate improvement across the activities of their choice and evaluate their performance compared to previous ones.	60m, 100m, 150m, 200m, 300m, 400m, 800m.	Develop technique and improve performance.
			Basketball	Handball	Re-visit skills learnt in HT2	Softball	Understand what makes a performance effective, Self / peer assessment, Engaging in competitive sports and activities.
			Re-visit skills learnt in KS3.	Re-visit skills learnt in HT2	Apply these skills in full competitive games developing a variety of tactics and strategies to overcome opponents.	Re-visit skills learnt in KS3	Understand and apply the short/ long term health benefits of physical activity to lead a health active lifestyle. Engage in competitive games and sport.
			Apply these skills in full competitive games developing a variety of tactics and strategies to overcome opponents.	Apply these skills in full competitive games developing a variety of tactics and strategies to overcome opponents.	Embed physical development and skills learnt, Develop technique and improve performance.	Apply these skills in full competitive games developing a variety of tactics and strategies to overcome opponents.	Cross curricular links
							Maths, Science, CPSHCE, Food and Nutrition.



<p>Re-visit skills learnt in Year 10. Apply these skills in full competitive games developing a variety of tactics and strategies to overcome opponents.</p> <p>Badminton</p> <p>Re-visit skills learnt in KS3.</p> <p>Apply these skills in full competitive games developing a variety of tactics and strategies to overcome opponents, including doubles matches.</p>	<p>Apply these skills in full competitive games developing a variety of tactics and strategies to overcome opponents.</p>	<p>Key Concepts</p> <p>Embed physical development and skills learnt, Develop technique and improve performance. Understand what makes a performance effective, Self / peer assessment, Engaging in competitive sports and activities. Pupils expected to know, apply and understand the skills and process for each sporting activity. Understand and apply the short/ long term health benefits of physical activity to lead a health active lifestyle. Compete in activities that build character and help to embed values such as fairness and respect. Engage in competitive games and sport.</p>	<p>tactics and strategies to overcome opponents.</p>		<p>Understand what makes a performance effective, Self / peer assessment, Engaging in competitive sports and activities. Pupils expected to know, apply and understand the skills and process for each sporting activity. Understand and apply the short/ long term health benefits of physical activity to lead a health active lifestyle. Compete in activities that build character and help to embed values such as fairness and respect. Engage in competitive games and sport.</p>			
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