

Prayers to End the Day  
Spring Term 2020

“Whether we realise it or not,  
prayer is the encounter of God’s thirst and ours”  
*St. Augustine*

“Love to pray.  
Prayer enlarges the heart  
until it is capable of containing God’s gift of Himself”  
*St. Teresa of Kolkata*

### Tuesday 7th January

Lord Jesus, we look back to the old year, and forward to the new.

We give thanks for the blessings of the past 12 months,  
and we place into your hands the mistakes we have made.

As you are the Light of the World,  
take away the darkness in our lives.

As you are the Way,  
lead us in the year ahead.

As you are the Good Shepherd,  
protect us from danger.

We entrust the past to your mercy,  
the present to your love,  
and the future to your plans for us.

Amen

### Wednesday 8th January

*Monday was the Feast of the Epiphany*

God of all heaven and earth,

be our daily star,

guiding our lives to search for a kingdom of love.

May we always follow your light of truth in all that we do,  
forever trusting, hoping and believing in your word.

Lift our eyes tonight to see your eternal life shining brightly, leading us home.

Amen.

### Thursday 9th January

We pray together the prayer that Jesus taught us

**Our Father, who art in heaven...**

### Friday 10th January

Father of light, unchanging God,

you reveal to men of faith the resplendent fact of the Word made flesh.

Your light is strong,

your love is near;

draw us beyond the limits which this world imposes,  
to the life where your Spirit makes all life complete.

We ask this through Christ our Lord.

Amen

### Monday 13th January

We pray to God our Father for all the people  
who help make St. James' to be our special family.  
Father, may our school be a family  
which offers caring as well as learning,  
which offers safety as well as knowledge,  
which shares faith as well as instruction.  
We make this prayer in Jesus' name, Amen

### Tuesday 14th January

Almighty God, we thank you for listening to us,  
and for sharing your love and glory with each of us.  
Amen  
We ask our Blessed Mother Mary to intercede for us as we pray **Hail Mary...**

### Wednesday 15th January

Lord, stay with us as we draw to the end of another day.  
Let your wisdom open up to us the learning of today.  
Help us to leave all our uncertainties in the safety of your certain love,  
and rest in your wisdom with grateful hearts tonight.  
We ask this through Christ our Lord,  
Amen

### Thursday 16th January

Father, we know that you know our hearts and our fears.  
Help us to overcome them by trusting in the presence and power  
that you make available to us in every task.  
Help us worry less and to focus on acknowledging our weaknesses  
and becoming stronger.  
Amen

### Friday 17th January

Eternal God,  
you belong to no culture or land but are Lord of all,  
you call us to welcome the stranger in our midst.  
Help us, with your Spirit, to live as brothers and sisters,  
welcoming all in your name,  
and living in the justice of your kingdom.  
This we pray in Jesus' name, Amen.  
We pray together the universal Christian prayer that Jesus taught us,  
**Our Father...**

### Monday 20th January

Oh God, enlighten our minds with truth;  
in flame our hearts with love;  
inspire us with courage;  
enrich our lives with service.  
Pardon what we have been;  
sanctify what we are;  
order what we shall be.  
Thine shall be the glory, and ours the eternal salvation.  
Through Jesus Christ our Lord, Amen

### Tuesday 21st January

Relentless Lord, open our hearts so we can see the truth around us.  
When we are shown anger, help us to see the hurt that sparked it.  
When we are shown arrogance, help us see insecurity.  
When we are shown aggression, help us recognise the fear beneath it.  
When we are confronted with hate,  
give us the strength and wisdom to respond with relentless love.  
Amen

### Wednesday 22nd January

Dear Lord and Father of all,  
thank you for today.  
Thank you for ways in which you provide for us all,  
for your protection and love.  
Help us to focus our hearts and minds now on what we have learnt today.  
We ask all this in the name of Jesus.  
Amen.

### Thursday 23rd January

We pray to God our Father for all the people  
who help make St. James' to be our special family.  
Father, may our school be a family  
which offers caring as well as learning,  
which offers safety as well as knowledge,  
which shares faith as well as instruction.  
We make this prayer in Jesus' name, Amen

### Friday 24th January

Lord, give us strength to carry on,  
to persevere as we work,  
and give us guidance when we are in need of it.  
Amen  
We ask our Blessed Mother Mary to intercede for us as we pray  
**Hail Mary...**

### Monday 27th January

We pray to God our Father for all the people that help make St James

To be our special family

Father, may our school be a family which offers caring as well as learning

Which offers safety as well as knowledge

Which shares faith as well as instruction.

We make this prayer in Jesus name.

Amen

### Tuesday 28th January

*Today is the feast of St Thomas Aquinas – this is the student prayer*

Creator of all things, true source of light and wisdom, origin of all being,

graciously let a ray of your light penetrate the darkness of my understanding.

Give me a keen understanding, a retentive memory,

and the ability to grasp things correctly and fundamentally.

Grant me the talent of being exact in my explanations,

and the ability to express myself with thoroughness and charm.

Point out the beginning, direct the progress,

and help in the completion.

I ask this through Christ our Lord. Amen

### Wednesday 29th January

Lord Jesus, light of the world,

open our eyes that we may always value and appreciate all who are part of our lives.

Open our eyes that we may be quick to notice when people need our help.

Open our eyes so that we may share your vision, and see situations and people as you do.

Amen

### Thursday 30th January

We pray together the prayer that Jesus taught us

**Our Father, who art in heaven...**

### Friday 31st January

*Sunday is the Feast of the Presentation of the Lord – known as Candlemas*

*These are the words of the Nunc Dimittis, a traditional prayer prayed at the end of each day.*

*The words are those of Simeon when he saw the child Jesus at the Temple at his Presentation.*

Now, Lord, you have kept your word:

let your servant go in peace.

With my own eyes I have seen the salvation

which you have prepared in the sight of every people:

a light to reveal you to the nations

and the glory of your people Israel.

Glory be to the Father and to the Son and to the Holy Spirit,

as it was in the beginning, is now,

and ever shall be, world without end.

Amen.

Monday 3rd February

We ask Mary, our Mother, to pray for us as we say

**Hail Mary, full of grace, the Lord is with thee.**

**Blessed art thou amongst women,**

**and blessed is the fruit of thy womb, Jesus.**

**Holy Mary, Mother of God,**

**pray for us sinners now, and at the hour of our death.**

**Amen**

Tuesday 4th February

Almighty God,

you are the Father of mercy,

you are the Lord of compassion,

you are the Spirit of encouragement.

Lead us by your love.

Amen.

Wednesday 5th February

We pray to God our Father for all the people  
who help make St. James' to be our special family.

Father, may our school be a family

which offers caring as well as learning,

which offers safety as well as knowledge,

which shares faith as well as instruction.

We make this prayer in Jesus' name, Amen

Thursday 6th February

Father in heaven, we give thanks for life  
and the experience life brings us.

We thank you for our joys, sorrows, trials, failures and triumphs.

Above all, we thank you for the hope we have in Christ,

Amen

Friday 7th February

*Sunday is a day of prayer for Racial Justice*

Lord, we have many things to be proud of in our country's history,  
but we also know there have been mistakes.

Keep us free from the prejudices that patriotism can sometimes foster,  
and help us instead be open, tolerant and welcoming to all.

Help us to be part of a community that we can be proud of.

May we always welcome the stranger.

Amen

Monday 10th February

We pray to God our Father for all the people  
who help make St. James' to be our special family.  
Father, may our school be a family  
which offers caring as well as learning,  
which offers safety as well as knowledge,  
which shares faith as well as instruction.  
We make this prayer in Jesus' name, Amen

Tuesday 11th February

*Today is World Day for the Sick, when the Church prays for those who are unwell.  
This prayer is from Pope Francis on a previous World Day for the Sick.*  
Mary, our Mother,  
in Christ you welcome each of us as a son or daughter.  
Sustain the trusting expectation of our hearts,  
support us in our weakness and sufferings,  
and guide us to Christ, your Son and our brother.  
Help us to entrust ourselves to the Father who accomplishes great things.  
Amen

Wednesday 12th February

Let there be respect for the earth,  
peace for its people,  
love in our lives,  
forgiveness for past wrongs,  
and always a new start in you.  
Amen

Thursday 13th February

Into your loving care, dear Lord,  
we place our souls this night,  
keep us safe within your heart in peace till morning light.  
And while our weary limbs find rest,  
keep our hearts fixed on you,  
for we are your trusting children, safe in your sheltering hand.  
To Father, Son and Spirit blessed, we consecrate our sleep this night,  
Amen.

*This prayer is from the Liturgy of the Hours, the prayers that we are encouraged to pray each day*

Friday 14th February

We pray together the prayer that Jesus taught us  
**Our Father, who art in heaven...**

### Monday 24th February

We pray to God our Father for all the people who help make St. James' to be our special family. Father, may our school be a family which offers caring as well as learning, which offers safety as well as knowledge, which shares faith as well as instruction. We make this prayer in Jesus' name, Amen

### Tuesday 25th February

Creator God, you created a beautiful world for all your children. When we taste and smell the fruits of this creation help us to remember those who farm the land to grow them. Help us live in a partnership of love and support with those who produce our food and drink, so that we might enable others to feed their families and create a sustainable future. Amen

### Wednesday 26th February

#### **Ash Wednesday**

Gentle Lord, as we enter Lent help us to draw near to you in praise, stripping away all that distracts us from you. During this season of fasting, almsgiving and prayer, gift us with your presence, so we can be a gift to others in carrying out your work. Amen

### Thursday 27th February

O Lord God, School is not always easy, and some days, it is very difficult, and we struggle to relax and be at peace. Yet we know that you will give us patience, wisdom, and courage, to be excellent in every way, and you will help us love others as you love us. Amen

### Friday 28th February

We ask Mary, our Mother, to pray for us as we say **Hail Mary, full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen**



### Monday 2nd March

We pray together the prayer that Jesus taught us

**Our Father, who art in heaven...**

### Tuesday 3rd March

We pray to God our Father for all the people  
who help make St. James' to be our special family.

Father, may our school be a family  
which offers caring as well as learning,  
which offers safety as well as knowledge,  
which shares faith as well as instruction.

We make this prayer in Jesus' name,

Amen

### Wednesday 4th March

Gentle Lord, during Lent help us to draw near to you in love,  
stripping away all that distracts us from you.

During this season of fasting, charity and prayer,  
gift us with your presence,

so we can be a gift to others in carrying out your work.

Amen

### Thursday 5th March

Lord, at the start of Lent we are full of determination to stick to our Lenten promises.

As we move through Lent sometimes we fall and forget our promises,  
help us not to be too hard on ourselves when we fall short.

Instead, help us to realise that it is worth trying again.

Be with us Lord, give each of us a new enthusiasm and determination  
to renew our lives in your love.

Amen

### Friday 6 March

**Today is Cafod's Lent Fast Day**

Lord God, in the fields of the poor  
even when abundant fruits ripen,  
injustice sweeps them away and families hunger.

Help us to share the fruits of your bounty,  
so that all your family may benefit from your gracious gifts.

Amen

Monday 9th March

Lord may Lent be a time of inward searching  
that makes us more able to look with compassion at the needs of the world.

Amen

We ask our Blessed Mother Mary to intercede for us as we pray

**Hail Mary, full of grace, the Lord is with thee.**

**Blessed art thou amongst women,  
and blessed is the fruit of thy womb, Jesus.**

**Holy Mary, Mother of God,  
pray for us sinners now, and at the hour of our death.**

**Amen**

Tuesday 10th March

Most forgiving Lord,  
again and again you welcome us back into your loving arms.  
Grant us freedom from the heavy burdens of sin  
that weigh us down  
and keep us so far from you.

Amen

Wednesday 11th March

We pray to God our Father for all the people  
who help make St. James' to be our special family.

Father, may our school be a family  
which offers caring as well as learning,  
which offers safety as well as knowledge,  
which shares faith as well as instruction.

We make this prayer in Jesus' name, Amen

Thursday 12th March

God our Father,  
Help us to realise how special we and others are to you.  
Help us to make the most of ourselves,  
and believe in ourselves the way you believe in us.

Amen

Friday 13th March

Just and generous God,  
bring us together in a community of peace and love during Lent  
Our world is so unbalanced and unequal,  
may our efforts, our prayer and our charitable actions help to bring some balance.

Amen

Monday 16th March

Lord, give us eyes to see the ordinary things,  
like the green grass or the grey and blue of the sky.  
Help us to rejoice in the small blessings scattered through every day,  
and live life with grateful hearts.  
May our gratitude warm the hearts of others,  
and build a more cheerful world.  
Amen

Tuesday 17th March

**St Patrick's Day**

We pray together the prayer that Jesus taught us  
**Our Father, who art in heaven...**

Wednesday 18th March

Holy Lord, thank you for your grace.  
Please help us overcome the hurdles that trip us up,  
and give us strength and wisdom to look up  
and see your hope as we run towards Christ.  
In Jesus' name,  
Amen

Thursday 19th March

God of infinite love,  
we thank you for your love.  
Remind us of your call to be more patient, gentle and compassionate with others.  
Here in the middle of Lent, we turn to you for your help.  
Please soften our hearts.  
Help us to let go of judging others.  
Open our hearts and minds to the needs of others.  
We ask you this, in Jesus' name.  
Amen

Friday 20th March

We pray to God our Father for all the people  
who help make St. James' to be our special family.  
Father, may our school be a family  
which offers caring as well as learning,  
which offers safety as well as knowledge,  
which shares faith as well as instruction.  
We make this prayer in Jesus' name,  
Amen

### Monday 23rd March

We pray to God our Father for all the people who help make St. James' to be our special family. Father, may our school be a family which offers caring as well as learning, which offers safety as well as knowledge, which shares faith as well as instruction. We make this prayer in Jesus' name, Amen

### Tuesday 24th March

Help us to grow less...  
less concerned by our wants,  
less worried by our future,  
less blind to others' suffering.  
So that you may grow more present in our lives,  
making us more aware of our dignity,  
more trusting in your providence  
more filled with love for all people.  
God of simplicity and abundance, give us less and more.  
Amen.

### Wednesday 25th March

Lord God, we believe in you,  
we trust in you and we love you above all things,  
with all of our heart, mind and strength.  
We love you because you are supremely good;  
and because we love you, we are sorry with all our hearts for offending you.  
Help us to be the best we can be.  
Amen

### Thursday 26th March

Father, you have filled the hearts of your people with faith, hope and love.  
We pray for the Year 11s, as they gather this evening to celebrate Mass together.  
Give them health in mind and body.  
Bless the work that they have done and will do in the coming weeks,  
so they are ready for their GCSEs.  
Amen

### Friday 27th March

We turn to Mary, our heavenly mother as we pray **Hail Mary...**

### Monday 30th March

Loving Father,

give us the strength to see your love with honesty and compassion,  
and to feel deeply your forgiveness and mercy for us.

We want be able to bring our weaknesses and imperfections to you,  
as we journey with Jesus, aware of his love.

Amen

### Tuesday 31st March

Lord God, you breathed the spirit of life within us.

Help us to show the light and life you created in us.

Help us to find our way back to you.

Help us to use our lives to reflect your glory,

and to serve others,

as your son Jesus did.

Amen

### Wednesday 1st April

We pray to God our Father for all the people  
who help make St. James' to be our special family.

Father, may our school be a family

which offers caring as well as learning,

which offers safety as well as knowledge,

which shares faith as well as instruction.

We make this prayer in Jesus' name, Amen

### Thursday 2nd April

We pray together the prayer that Jesus taught us

**Our Father, who art in heaven...**

### Friday 3rd April

Lord, you've guided us through the difficult days of Lent,  
encouraging us along the way.

We pray as we move towards the darkest day,

that you'll not forsake us,

but remind us of our Saviour's ultimate gift,

the promise of new, abundant, eternal life for all who believe and trust in him,

your precious son, Jesus.

Amen